Lucky Heart

1944

ALMANAC



HEALTH HINTS COOK BOOK PLANTING GUIDE

★

Every Preparation Guaranteed

LUCKY HEART COMPANY

388-400 MULBERRY ST. MEMPHIS, TENNESSEE

WHEN YOU FEEL A COLD *Coming on*



GET QUICK RELIEF WITH

VAPO

OVERNIGHT SALVE

Works 3 ways

1. **INHALE IT—**
2. **RUB IT ON—**
3. **SWALLOW IT—**

HELPS RELIEVE DISCOMFORTS OF **COLDS AND COUGHS** FROM COLDS.

WARMS THE SKIN and the valued medication starts working quickly. For relieving discomforts of colds, minor bruises, irritations, husky throats and coughs due to colds.

Soothes Irritated Membrane to HELP YOU BREATHE EASIER. Vapo may also be inhaled like smoke by placing a one-half teaspoonful in a pint of water and boiling in a tea kettle. Place a towel over the spout and over your head, inhale deeply the vapor through the nose and mouth for a few minutes. Rub on at nights. . . . Swallow it as directed.

EASES SPRAINS, BRUISES, FROST BITE AND SORE, TIRED, ACHING MUSCLES DUE TO OVER-EXERTION.

PRICE 25 CENTS





Rub it on your chest and back vigorously until your skin feels a warm glow. Rub on your temples and nose. Insert up your nostrils.

FOR STUFFY HEAD COLD MISERY!

DROPPER IN EVERY BOTTLE



At the first sniffle or sneeze—or if head is stopped up—use VAPO NOSE and THROAT DROPS.

Aids in relieving head cold, unnecessary head cold discomfort and misery. Most colds start in the nose and throat, and that is where Vapo goes.

A FEW DROPS UP EACH NOSTRIL FOR QUICK RELIEF. JUST TILT HEAD BACK, VAPO GOES RIGHT TO WORK. Vapo Nose and Throat Drops is composed of soothing ingredients which are helpful in relieving Distress from Nasal and Throat Irritations due to Head Colds. You'll surely say it brings soothing relief.

PRICE 25 CENTS

Follow Directions on Bottle

VAPO

Nose and Throat Drops

EASE COLD MISERIES QUICKLY WITH VAPO



Salute TO THE *Flag*

★

Too many of us do not know the Pledge to the Flag. Here it is and it is hoped every resident of the United States old enough to say the words will memorize it without delay.

"I pledge allegiance to the flag of the United States of America, and to the Republic for which it stands. One nation, indivisible with liberty and justice for all."

BUY WAR BONDS AND STAMPS FOR VICTORY

★

The safest place to put your money is in our country's defense. Help your country and help yourself. For every $3 you put in War Bonds you get $4 back.

CALENDAR FOR 1944

MORNING AND EVENING STARS

Mercury will be Morning Star about January 31, May 29 and September 22; and Evening Star about April 12, August 10 and December 4.

Venus will be Morning Star until June 26 and then Evening Star the rest of the year.

Jupiter will be Morning Star until February 11; then Evening Star until August 31; and then Morning Star again the rest of the year.

THE TWELVE SIGNS OF THE ZODIAC.

THE RAM. Aries, ♈ HEAD & FACE.

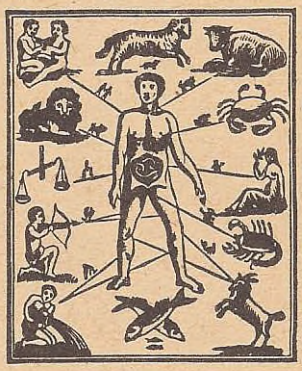
TWINS. Gemini. The Arms. ♊

LION. Leo. The Heart. ♌

BALANCE. Libra. The Reins. ♎

ARCHER. Sagittarius. The Thighs. ♐

WATERMAN. Aquarius. The Legs. ♒



BULL. Taurus. The Neck. ♉

CRAB. Cancer. The Breast. ♋

VIRGIN. Virgo. The Bowels. ♍

SCORPION. Scorpio. The Loins. ♏

GOAT. Capricornus The Knees. ♑

FISHES. Pisces. ♓ THE FEET.

ECLIPSES—Standard Time

In the year 1944 there will be two eclipses, both of the Sun.

I. A Total Eclipse of the Sun January 25. Visible as a slight partial eclipse to the extreme southern parts of Arizona, New Mexico, Texas, Louisiana and Florida. Also visible to Mexico, Central America, South America except the extreme southern portion, the Atlantic Ocean, the southwestern part of Europe and the northwestern part of Africa.

II. An Annular Eclipse of the Sun, July 20. Invisible to North America. Visible to the eastern portions of Africa, Asia except the northern part, the Indian Ocean, Australia, Melanesia and the western portion of the Pacific Ocean.

Why It Pays To Buy From Your Lucky Heart Agent

I am the faithful Lucky Heart Agent always ready to give instant service by bringing to your front door the Best Quality guaranteed Medicines, Beauty Preparations, Flavorings and Food Products at the lowest possible price. Let me serve and help you — I am your true friend,

THE LUCKY HEART AGENT.

Agent's Name .....

Address..... Phone.....

"If I miss you when I call — send word and I'll be right back."

Over 300 Guaranteed Products

Erbru Medicines — So-Good Flavorings — Food Products — Spices — Lucky Heart Beauty Preparations.

Iron Clad Money Back **Guarantee**

Every item is guaranteed to give entire satisfaction or all the money will be refunded. VICTOR WILLIAMS.

Buy from Your LUCKY HEART AGENT

If there is no Lucky Heart Agent in your territory, write us today.

LUCKY HEART CO.--388-400 MULBERRY ST.--MEMPHIS 2, TENN.

1944



1944

PHASES	BOSTON			NEW YORK			WASH'TON		
	D	H	M	H	M		H	M	
F. Q.	2	3	4 A	3	4 A		3	4	A
F. M.	10	5	9 M	5	9 M		5	9	M
L. Q.	18	10	32 M	10	32 M		10	32	M
N. M.	25	10	24 M	10	24 M		10	24	M

D M	D W	Historical Events	MOON'S SIGNS	SUN SLOW	LATITUDE OF NORTHERN STATES Sun rises	Sun sets	Moon sets	LATITUDE OF MIDDLE STATES Sun rises	Sun sets	Moon sets	LATITUDE OF SOUTHERN STATES Sun rises	Sun sets	Moon sets
					H M	H M	H M	H M	H M	H M	H M	H M	H M
1	S	*New Year's Day* *Circumcision*	♑	3	7 30	4 37	11 20	7 24	4 42	11 21	7 3	5 4	11 24
		1. 2nd Sunday after Christmas — Day's Length—9h. 8m.—9h. 18m.—10h. 2m.											
2	S	Georgia admitted to Union, 1788	♑	4	7 30	4 38	morn	7 25	4 43	morn	7 3	5 5	morn
3	M	Battle of Princeton, N.J., 1777	♑	4	7 30	4 39	0 29	7 25	4 44	0 29	7 3	5 6	0 28
4	T	Utah admitted as state, 1896	♑	4	7 30	4 40	1 36	7 25	4 45	1 35	7 3	5 6	1 29
5	W	Pres. Van Buren born, 1782	♒	4	7 30	4 41	2 42	7 25	4 46	2 40	7 3	5 7	2 30
6	T	*Epiphany* Theo. Roosevelt d., '19	♒	4	7 30	4 42	3 46	7 25	4 47	3 43	7 3	5 8	3 30
7	F	Pres. Millard Filmore born, 1800	♒	4	7 30	4 43	4 48	7 25	4 48	4 44	7 4	5 9	4 28
8	S	Battle of New Orleans, La., 1815	♒	4	7 30	4 44	5 47	7 25	4 49	5 42	7 4	5 10	5 24
		2. 1st Sunday after Epiphany — Day's Length—9h. 16m.—9h. 25m.—10h. 6m.											
9	S	First shot in Civil War, 1861	♓	4	7 29	4 45	6 41	7 25	4 50	6 36	7 4	5 10	6 17
10	M	Penny Postage in England, 1840	♓	4	7 29	4 46	rises	7 24	4 51	rises	7 4	5 11	rises
11	T	Alexander Hamilton born, 1757	♓	4	7 29	4 47	6 7	7 24	4 52	6 11	7 4	5 12	6 30
12	W	Slavery abolished in Mexico, 1825	♓	4	7 29	4 48	7 4	7 24	4 53	7 8	7 4	5 13	7 24
13	T	Record blizzard in South, 1918	♓	4	7 28	4 49	8 2	7 24	4 54	8 5	7 3	5 14	8 18
14	F	Capitol in Wash. burned, 1801	♈	4	7 28	4 50	9 0	7 23	4 55	9 2	7 3	5 15	9 11
15	S	Fuelless Mondays began, 1918	♈	4	7 28	4 51	9 58	7 23	4 56	9 59	7 3	5 16	10 4
		3. 2nd Sunday after Epiphany — Day's Length—9h. 26m.—9h. 34m.—10h. 13m.											
16	S	Prohibition Amendment, 1920	♍	4	7 27	4 53	10 56	7 23	4 57	10 56	7 3	5 16	10 58
17	M	Benj. Franklin born, 1706	♍	4	7 27	4 54	11 56	7 22	4 58	11 55	7 3	5 17	11 53
18	T	Elec. trolley system pat., 1892	♍	4	7 26	4 55	morn	7 22	4 59	morn	7 3	5 18	morn
19	W	Gen. Robt. E. Lee born, 1807	♎	4	7 26	4 56	0 58	7 21	5 1	0 56	7 2	5 19	0 50
20	T	American Revolution ends, 1783	♎	4	7 25	4 57	2 2	7 21	5 2	1 59	7 2	5 20	1 49
21	F	Nickolai Lenin died, 1924	♏	4	7 25	4 59	3 7	7 20	5 3	3 3	7 2	5 21	2 49
22	S	Queen Victoria died, 1901	♏	4	7 24	5 0	4 13	7 20	5 4	4 9	7 1	5 22	3 51
		4. 3rd Sunday after Epiphany — Day's Length—9h. 38m.—9h. 46m.—10h. 22m.											
23	S	Big Kansas City fire, 1923	♐	4	7 23	5 1	5 19	7 19	5 5	5 14	7 1	5 23	4 55
24	M	Discover Gold in California, 1848	♐	4	7 23	5 2	6 22	7 18	5 6	6 17	7 1	5 24	5 57
25	T	*Conversion of St. Paul*	♑	4	7 22	5 3	sets	7 17	5 8	sets	7 0	5 25	sets
26	W	Michigan admitt. to Union, 1837	♑	4	7 21	5 5	6 33	7 17	5 9	6 36	7 0	5 26	6 52
27	T	Edison lamp patent, 1880	♒	4	7 21	5 6	7 49	7 16	5 10	7 51	6 59	5 27	8 2
28	F	Paris surrendered, 1871	♒	4	7 20	5 7	9 4	7 15	5 11	9 5	6 59	5 28	9 11
29	S	Kansas admitted to Union, 1861	♓	4	7 19	5 8	10 16	7 14	5 12	10 16	6 58	5 29	10 17
		5. 4th Sunday after Epiphany — Day's Length—9h. 52m.—10h. 0m.—10h. 32m.											
30	S	Franklin D. Roosevelt b., 1882	♓	4	7 18	5 10	11 26	7 14	5 14	11 25	6 58	5 30	11 21
31	M	Cape Hope discovered, 1616	♈	4	7 17	5 11	morn	7 13	5 15	morn	6 57	5 31	morn

Weather Predictions—1-3, generally clear; 4-7, cold; 8-11, cloudy; 12-16, cold with little snow; 17-20, unsettled; 21-24, snow flurries; 25-28, snow; 29-31, cold.

CHRISTIAN NAMES AND MEANINGS

Agnes—Chaste, Pure
Alvin—Noble
Amos—Borne (By God)
Amy—Beloved
Belle—Beautiful
Bennett—Blessed
Celeste—Heavenly
Charles—Manly
David—Beloved
Dinah—Judged
Earl—Man: Noble
Edna—Rejuvenation
Elmer—Famous
Estella—Star
Felix—Happy
Flora—Flowers
Gertrude—Spear Maiden
Gregory—Vigilant
Guy—A Leader
Hilda—Battle Maiden
Hiram—Most Noble
Ira—Watchful
Irene—Peace
Jemima—A Dove
John—Gracious
Jonah—A Dove
Judith—Praised
Laura—Laurel
Leo—Lion
Martin—Warlike
Minnie—Remembrance
Naomie—My Sweetness
Nathan—Gift
Paul—Little
Phebe—Shining
Rachel—A Ewe
Reuben—A Son
Seth—Appointed
Victoria—Victory

RUB IT ON -- FEELS SO GOOD



Miracle

OLD RELIABLE LINIMENT

A Counterirritant to Aid in Relieving Discomforts of

SORENESS, STIFFNESS, SUPERFICIAL ACHES AND PAINS OF MUSCLES

due to Exposure, Over-Exertion or Fatigue. It is a counterirritant that increases the local superficial blood flow to ease those aches and pains.

PRICE 25 CENTS

DON'T COUGH YOUR HEAD OFF

With Just a SIMPLE COLD

TAKE ERBRU

COUGH SYRUP

Contains Famous WHITE PINE COMPOUND

For Relief of COUGHS AND MINOR BRONCHIAL IRRITATIONS DUE TO COLDS

This expectorant is compounded from an old time formula that has been in use throughout the South for years.

PRICE 25 CENTS

TASTES SO GOOD, EASY TO TAKE



THINGS TO DO BEFORE THE DOCTOR COMES

BE PREPARED is the first principle of FIRST AID. For your information you will find below a list of common injuries and their treatments. Please remember that these treatments afford only temporary relief to help ease pain and discomforts until the doctor arrives. So remember these four principles: (1) Send someone for the doctor at once; (2) keep calm; (3) get help of one who knows the right things to do; (4) keep others away.

ALCOHOL POISONING — Rum, gin, whiskey, proof spirits, wood or methyl, alcohol in any form.

ANTIDOTE — HOT COFFEE or 1½ teaspoonfuls of AROMATIC SPIRITS OF AMMONIA well diluted with water. Do not weaken the patient by forcing him to walk, rather wrap in warm blankets and put to bed. If breathing stops start artificial respiration at once.

ARSENIC — Taken generally in form of RAT POISON, VERMIN KILLERS, PARIS GREEN.

ANTIDOTE — KEEP UP THE VOMITING until you feel sure the stomach has been completely emptied. Keep warm and give COFFEE, AROMATIC SPIRITS OF AMMONIA, CASTOR OIL.

MUSHROOM (Toadstool) POISONING.

SYMPTOMS — Vomiting, purging, watery diarrhea, the discharges sometimes bloody; pulse is slow and strong at first but grows weak; saliva and sweat just pour out.

ANTIDOTE — Produce free VOMITING and then give a purgative, CASTOR OIL or EPSOM SALTS: if very weak add a stimulant, HOT COFFEE or a ½ teaspoon AROMATIC SPIRITS OF AMMONIA with lots of water.

CAUSTIC ALKALIES — Such as ammonia, strong ammonia liniment, lime, quicklime, caustic potash, soda and caustic soda.

SYMPTOMS — Immediate severe burning pain in mouth, throat and stomach with vomiting and purging.

ANTIDOTES—Start VOMITING by using soap suds, salt water, baking soda in water, water in each case luke warm if handy as it is apt to act more quickly. After vomiting has been brought about give soothing liquids, MILK, EGG and MILK, with a stimulant if it seems necessary.

FAINTING — The primary thing is to discover the cause. This may be due to an accident, a mental shock, loss of blood, drunkenness, or poisoning. Convulsions combined with fainting may suggest epilepsy or hysteria. Naturally the treatment varies according to what caused the faint. However, you are safe in laying the patient on his back, loosening the clothing and giving plenty of fresh air. Applying cold water to the face, chest and back of the neck is good. Aromatic spirits of ammonia put under the nose is usually effective. Hot coffee sometimes helps, after the person has recovered sufficiently.

IN CASE OF SNAKE BITES

Do not delay. Get at the wound, by cutting clothing, if necessary, and immediately tie the limb between the wound and the heart, making a tourniquet. Send for a doctor.

With a small, clean penknife, which has been held in a flame, if possible, enlarge the wound, causing it to bleed freely. If you have no cracks or sores in your mouth, or on your lips, suck the wound. Then cauterize the wound thoroughly with some carbolic or nitric acid on a match stick or with a heated nail or wire.

After the tourniquet has been on for fifteen minutes, it must be loosened so that the limb will not die from lack of blood. After one minute it should be tightened up again for fifteen minutes, after which it is again loosened for two minutes. This is kept up for several hours, so that only a small quantity of the snake poison in the limb can get into the general circulation at one time.

TO STOP SIMPLE CUT BLEEDING — Simple but sure, soak a cloth in lemon juice and wrap it around the cut.



TOOTHACHE DROPS

This package contains everything needed to bring quick soothing relief to sore, painful, aching teeth due to cavities until you can see a dentist. If that tooth starts hurting at midnight, it's too late to get a bottle. Don't suffer needlessly. Keep a package handy.

PRICE 25 CENTS



Relieves Painful Aches, Discomforts and Headaches of Colds

CO BRAKER PILLS



In treating colds it is very important that the bowels move well every day. This preparation moves bowels gently and effectively. Contains QUININE, CAMPHOR and other ingredients to Relieve Headache and Muscular Aches Associated with Colds.

CAUTION: Use only as directed.

PRICE 25c

1944



February

1944

PHASES	BOSTON	NEW YORK	WASH'TON
	D H M	H M	H M
F. Q.	1 2 8 M	2 8 M	2 8 M
F. M.	9 0 29 M	0 29 M	0 29 M
L. Q.	17 2 42 M	2 42 M	2 42 M
N. M.	23 8 59 A	8 59 A	8 59 A

D M	D W	Historical Events	MOON'S SIGNS	LATITUDE OF NORTHERN STATES: Sun rises H M	Sun sets H M	Moon sets H M	SUN SLOW M	LATITUDE OF MIDDLE STATES: Sun rises H M	Sun sets H M	Moon sets H M	LATITUDE OF SOUTHERN STATES: Sun rises H M	Sun sets H M	Moon sets H M
1	T	Victor Herbert born, 1859	♈	7 16	5 13	0 33	14	7 12	5 16	0 31	6 56	5 32	0 23
2	W	*Purification—Candlemas*	♉	7 15	5 14	1 39	14	7 11	5 17	1 36	6 56	5 33	1 25
3	T	Income Tax a Law, 1913	♉	7 14	5 15	2 42	14	7 10	5 18	2 38	6 55	5 34	2 24
4	F	Charles Lindbergh born, 1902	♉	7 13	5 16	3 42	14	7 9	5 20	3 38	6 54	5 34	3 20
5	S	Roger Williams landed; 1631	♊	7 11	5 18	4 37	14	7 8	5 21	4 32	6 54	5 35	4 13
6.		**Septuagesima Sunday**		**Day's Length—10h. 9m.—**				**10h. 15m.—**			**10h. 43m.**		
6	S	Aaron Burr, statesman, b., 1756	♊	7 10	5 19	5 27	14	7 7	5 22	5 22	6 53	5 36	5 3
7	M	Charles Dickens born, 1812	♋	7 9	5 20	6 11	14	7 6	5 23	6 6	6 52	5 37	5 48
8	T	Wm. Tecumseh Sherman b.,'20	♋	7 8	5 21	rises	14	7 5	5 25	rises	6 51	5 38	rises
9	W	Wm. H. Harrison born, 1773	♋	7 7	5 23	5 54	14	7 4	5 26	5 57	6 50	5 39	6 12
10	T	Canada ceded to England, 1763	♌	7 6	5 24	6 53	14	7 2	5 27	6 55	6 50	5 40	7 6
11	F	Thomas A. Edison born, 1847	♌	7 4	5 25	7 51	14	7 1	5 28	7 52	6 49	5 41	7 59
12	S	Abraham Lincoln born, 1809	♍	7 3	5 27	8 49	14	7 0	5 29	8 49	6 48	5 42	8 52
7.		**Sexagesima Sunday**		**Day's Length—10h. 26m.—**				**10h. 32m.—**			**10h. 56m.**		
13	S	University of N. C. opened, 1795	♍	7 2	5 28	9 48	14	6 59	5 31	9 48	6 47	5 43	9 47
14	M	*St. Valentine's day*	♍	7 0	5 29	10 48	14	6 58	5 32	10 47	6 46	5 44	10 42
15	T	Susan B. Anthony born, 1820	♎	6 58	5 31	11 49	14	6 56	5 33	11 47	6 45	5 44	11 38
16	W	House pass Johnson Bill, 1929	♎	6 57	5 32	morn	14	6 55	5 34	morn	6 44	5 45	morn
17	T	Rome annexed to France, 1810	♏	6 56	5 33	0 52	14	6 54	5 36	0 49	6 43	5 46	0 36
18	F	Jeff. Davis inaugurated, 1861	♏	6 55	5 34	1 56	14	6 53	5 37	1 52	6 42	5 47	1 36
19	S	Ohio admitted to Union, 1803	♐	6 54	5 36	3 0	14	6 51	5 38	2 55	6 41	5 48	2 37
8.		**Quinquagesima—Shrove Sunday**		**Day's Length—10h. 45m.—**				**10h. 49m.—**			**11h. 9m.**		
20	S	Fiume treaty with Italy rat., 1924	♐	6 52	5 37	4 2	14	6 50	5 39	3 57	6 40	5 49	3 38
21	M	Battle of Verdun began, 1915	♐	6 51	5 38	5 0	14	6 48	5 40	4 55	6 39	5 50	4 36
22	T	Florida ceded to U. S., 1819	♑	6 49	5 39	5 53	14	6 47	5 42	5 49	6 38	5 50	5 32
23	W	*Ash Wednesday*	♑	6 48	5 41	sets	14	6 45	5 43	sets	6 37	5 51	sets
24	T	*St. Matthias*	♒	6 46	5 42	6 37	13	6 44	5 44	6 39	6 36	5 52	6 47
25	F	Bank of U. S. established, 1781	♒	6 45	5 43	7 53	13	6 43	5 45	7 54	6 35	5 53	7 57
26	S	Napoleon escaped from Elba, 1815	♓	6 43	5 44	9 7	13	6 41	5 46	9 6	6 34	5 54	9 5
9.		**1st Sunday in Lent**		**Day's Length—11h. 4m.—**				**11h. 8m.—**			**11h. 23m.**		
27	S	Henry W. Longfellow born, 1807	♓	6 42	5 46	10 18	13	6 40	5 48	10 16	6 32	5 55	10 10
28	M	Deerfield, (Mass.) massacre, 1704	♈	6 40	5 47	11 27	13	6 38	5 49	11 24	6 31	5 55	11 14
29	T	Ann Lee, Shaker, born, 1736	♈	6 38	5 48	morn	13	6 37	5 50	morn	6 30	5 56	morn

Weather Predictions—1-5, extreme cold; 6-8, cold weather; 9-13, clear and pleasant; 14-17, cold; 18-21, light snows; 22-25, cold; 26-29, stormy and unsettled.

WHAT TO SERVE WITH MEATS

With roast beef—tomato sauce, grated horseradish, cranberry sauce.

With roast pork—apple or cranberry sauce.

Roast veal — tomato sauce or horseradish.

Roast mutton — currant jelly, caper sauce.

With chicken — cranberry sauce or peaches.

Roast lamb—mint sauce.

Roast turkey—cranberry sauce, currant jelly.

◆ ◆ ◆

TO MAKE YOUR SALADS, DESSERTS, CANDIES AND SAUCES LOOK BETTER,

just add a few drops of "So-Good Pure Cake Color" to them. Red and Egg Shade Yellow blended will give you brown. You can add richness in appearance to your cakes by using "So-Good Food Color."

BE HAPPY AND HEALTHFUL!

Eat a Well Balanced Diet! Get Plenty of Vitamins!

1. PROTEINS (Muscle Builders) — Let each meal include one: Milk, eggs, fish, dried peas, beans, game, beef, lean pork.
2. CARBOHYDRATES — STARCHES (Energy Builders) — Let each meal include two: Potatoes, cereals, bread, beets, carrots.
3. CARBOHYDRATES — SWEETS — Let each meal include one: Preserves, jellies, honey, molasses, cakes and stewed fruits.
4. FATS — Let each meal include two: Cheese, fat pork, sausage, most nuts, chocolate and rich gravies.
5. LIQUIDS — Let each meal combine two with water: Tea, coffee, soups, milks and watery vegetable.

• • • • •

For added Vitamins and Iron take GANDEEN TONIC TABLETS containing Nux Iron, Yeast and Vitamin B1

Good Cooks Use SO-GOOD!

CAKE COLORING

The pride of some of the finest cooks in the South.

It gives beauty and personality to puddings, cakes, ices, salads.

Makes things taste better because they look better. Pure and wholesome.

RED COLOR
EGG YELLOW
Price 25c

Mix the Red and Yellow to get a beautiful brown



Delicious Desserts To Please Everyone

SUNDAY SPICE CAKE

- 2¼ cups sifted flour
- 2¼ teaspoons So-Good Baking Powder
- ¼ teaspoon salt
- 1¼ teaspoons So-Good Cinnamon
- ½ teaspoon So-Good Nutmeg
- ½ cup butter or other shortening
- ¼ teaspoon cloves
- 1 teaspoon grated lemon rind
- 1 cup light corn syrup
- 2 eggs, unbeaten
- ½ cup milk
- 1 teaspoon So-Good Vanilla

Sift flour, measure, add baking powder, salt and spices, and sift together three times. Cream shortening with lemon rind; add syrup gradually, beating well after each addition. Add one-fourth of flour and beat until smooth and well blended. Add eggs, one at a time, beating well after each. Add remaining flour in thirds, alternately with milk in halves, beating very well after each addition. Add vanilla. Bake in two greased 8-inch layer pans in moderate oven until done. Spread jam filling between layers and whipped cream, flavored with So-Good Vanilla, on top of cake.

ECONOMICAL PUDDING

Take slices of stale bread, spread with Jam or Jelly, place in layers in a deep dish. Make a thin custard by adding one-half (½) glass of milk to the regular amount of So-Good Butterscotch Dessert and pour over the bread. This makes a fine dessert with bread usually thrown away.

DELICIOUS LEMON SAUCE

To be served over Cottage Puddings, Gingerbreads, etc.

- ½ cup sugar
- 1 cup boiling water
- 1 level tablespoon So-Good Lemon Dessert
- Few grains salt
- 1 level teaspoon baking powder
- 2 level tablespoons butter
- ½ teaspoon So-Good Lemon Flavor

Mix sugar, Lemon Dessert and Baking Powder; add boiling water gradually, stirring constantly. Boil five minutes; remove from fire, add butter and Lemon Flavor. Different flavored sauce may be made by using Chocolate, Butterscotch or Vanilla in place of Lemon Dessert. Also different flavors or extracts may be used in place of the lemon.

BUTTER COOKIES

- 1 cup butter
- 1 cup granulated sugar
- 1 teaspoon cream of tartar
- 2 eggs
- 2¼ cups flour
- ½ teaspoon soda
- ½ teaspoon Lucky Heart Vanilla
- ½ teaspoon lucky Heart Lemon Extract

Cream butter, add sugar and beat well. Add beaten eggs, then sifted dry ingredients. Roll thin on lightly floured board. Cut and bake on greased cookie sheet in quick oven. Chill dough overnight.

SUNDAY HOT BREAD

- ¾ cup sugar
- 1 egg
- 2 tablespoonfuls butter
- 2/3 cup milk
- Pinch of salt
- 1½ cups flour
- 3 teaspoonfuls baking powder
- 3 teaspoonfuls So-Good Lemon Extract
- Granulated sugar
- So-Good Cinnamon

Cream butter and sugar, add egg mixed with milk and extract, then flour and baking powder. Spread in 2 large cake tins, sprinkle with mixture of sugar and cinnamon. Bake 20 or 25 minutes in quick oven. Serve preferably hot for Sunday night supper.

DIVINITY FUDGE

- 2 cups sugar
- ½ cup white corn syrup
- ½ cup water
- 2 egg whites
- 1 cup chopped nut meats
- 1 teaspoon So-Good Vanilla

Boil sugar, syrup, water until mixture dropped in cold water turns brittle. Pour slowly over stiffly beaten whites of eggs; add nuts and flavoring. Beat until mixture is creamy. Pour on buttered platter.

SO-GOOD ONE EGG CAKE

- 1 cup sugar
- 1 egg
- 3 tablespoons shortening
- 1 cup sweet milk
- 2 cups flour
- 2 teaspoons So-Good Baking Powder
- Salt
- 1 teaspoon So-Good Vanilla

To creamed shortening add sugar and beaten egg. Alternately add milk and flour sifted with salt and So-Good Baking Powder. Add So-Good Vanilla. Bake in two greased tins in moderate oven about 25 minutes. Use any frosting.

When Using So-Good Double Strength Vanilla, Use Only Half as Much as Recipe Calls For.



So-Good
FLAVORS
for COOKING & BAKING

You will be surprised and delighted at the tasty goodness of these flavorings. Make So-Good desserts and sweets — your family and friends will ask for more. For

Cakes, Candies, Custards, Puddings, Ice Cream

Large bottles in four popular flavors:

Imitation Vanilla
Terpenless Lemon
Strawberry - Pineapple
Banana - Black Walnut

PRICE ONLY 25 CENTS

Tastes So-Good!

EXTRACTS & FLAVORING

7 SO-GOOD Delicious FLAVORS

VANILLA - ORANGE - IMITATION
BANANA - WALNUT - PINEAPPLE
LEMON - STRAWBERRY

IMPROVE your cooking and baking. "SO-GOOD" makes poor cooking taste good and good cooking taste better. Prize winners at fairs and cooking schools, chefs and cooks in big hotels have praised and used SO-GOOD EXTRACTS AND FLAVORINGS.

STRONG — GOES FAR

Price 35 Cents

1944



1944

PHASES	BOSTON	NEW YORK	WASH'TON
F. Q.	1 3 40 A	3 40 A	3 40 A
F. M.	9 7 28 A	7 28 A	7 28 A
L. Q.	17 3 5 A	3 5 A	3 5 A
N. M.	24 6 36 M	6 36 M	6 36 M
F. Q.	31 7 34 M	7 34 M	7 34 M

D M	D W	Historical Events	MOON'S SIGNS	LATITUDE OF NORTHERN STATES Sun rises H M	Sun sets H M	Moon sets H M	SUN SLOW M	LATITUDE OF MIDDLE STATES Sun rises H M	Sun sets H M	Moon sets H M	LATITUDE OF SOUTHERN STATES Sun rises H M	Sun sets H M	Moon sets H M
1	W	*Ember day* *St. David*	♓	6 37	5 49	0 33	12	6 35	5 51	0 29	6 29	5 57	0 15
2	T	Territory of Dakota formed, 1861	♓	6 35	5 51	1 35	12	6 34	5 52	1 31	6 28	5 58	1 13
3	F	*Ember day*	♈	6 34	5 52	2 32	12	6 32	5 53	2 27	6 27	5 59	2 8
4	S	*Ember day*	♈	6 32	5 53	3 24	12	6 31	5 54	3 19	6 25	5 59	2 59
10.		**2nd Sunday In Lent**		**Day's Length—11h. 24m.—11h. 26m.—11h. 36m.**									
5	S	Dred Scott decision, 1857	♈	6 30	5 54	4 11	12	6 29	5 55	4 6	6 24	6 0	3 47
6	M	Gen. Phillip Sheridan born, 1831	♉	6 28	5 55	4 52	11	6 28	5 56	4 48	6 23	6 1	4 30
7	T	Luther Burbank born, 1849	♉	6 27	5 57	5 28	11	6 26	5 57	5 24	6 22	6 2	5 10
8	W	Pres. Wm. H. Taft died, 1930	♊	6 25	5 58	6 0	11	6 24	5 59	5 57	6 20	6 2	5 46
9	T	Merrimac-Monitor battle, 1862	♊	6 24	5 59	rises	11	6 23	6 0	rises	6 19	6 3	rises
10	F	Elec. street cars in London, 1883	♋	6 22	6 0	6 43	10	6 21	6 1	6 44	6 18	6 4	6 48
11	S	Cuba ratify treaty, 1903	♋	6 20	6 1	7 41	10	6 19	6 2	7 41	6 16	6 5	7 41
11.		**3rd Sunday In Lent**		**Day's Length—11h. 44m.—11h. 45m.—11h. 50m.**									
12	S	Univ. of Arizona chartered., 1885	♌	6 18	6 2	8 41	10	6 18	6 3	8 40	6 15	6 5	8 36
13	M	Standard time estab. in U.S., 1884	♌	6 17	6 4	9 43	10	6 16	6 4	9 41	6 14	6 6	9 33
14	T	Johann Strauss, comp. born, 1804	♌	6 15	6 5	10 45	9	6 15	6 5	10 42	6 13	6 7	10 31
15	W	Andrew Jackson born, 1767	♍	6 13	6 6	11 47	9	6 13	6 6	11 43	6 11	6 8	11 29
16	T	Pres. James Madison born, 1751	♍	6 12	6 7	morn	9	6 11	6 7	morn	6 10	6 8	morn
17	F	*St. Patrick's Day*	♍	6 10	6 8	0 50	8	6 10	6 8	0 46	6 9	6 9	0 28
18	S	Pres. Grover Cleveland b., 1837	♎	6 8	6 9	1 51	8	6 8	6 9	1 46	6 7	6 10	1 27
12.		**4th Sunday In Lent**		**Day's Length—12h. 4m.—12h. 5m.—12h. 5m.**									
19	S	Nora Bayes died, 1928	♎	6 6	6 10	2 48	8	6 6	6 11	2 43	6 6	6 11	2 24
20	M	*Spring Begins*	♏	6 5	6 12	3 41	7	6 5	6 12	3 37	6 5	6 11	3 19
21	T	J. B. J. Fourier, math., born, 1768	♏	6 3	6 13	4 28	7	6 3	6 13	4 24	6 4	6 12	4 10
22	W	Stamp Act passed, 1765	♐	6 1	6 14	5 10	7	6 1	6 14	5 7	6 2	6 13	4.57
23	T	House passed Bonus Bill, 1922	♐	5 59	6 15	5 47	7	6 0	6 15	5 45	6 1	6 13	5 39
24	F	Naturalization Act passed, 1790	♑	5 58	6 16	sets	6	5 58	6 16	sets	6 0	6 14	sets
25	S	*Annunciation*	♑	5 56	6 17	7 54	6	5 56	6 17	7 53	5 58	6 15	7 49
13.		**5th Sunday In Lent**		**Day's Length—12h. 24m.—12h. 23m.—12h. 18m.**									
26	S	Sarah Bernhardt died, 1923	♑	5 54	6 18	9 7	6	5 55	6 18	9 5	5 57	6 15	8 56
27	M	Vera Cruz captured, 1847	♒	5 52	6 19	10 17	5	5 53	6 19	10 14	5 56	6 16	10 1
28	T	Crimean War began, 1854	♒	5 51	6 20	11 23	5	5 51	6 20	11 19	5 54	6 17	11 2
29	W	Pres. John Tyler born, 1790	♒	5 49	6 22	morn	5	5 50	6 21	morn	5 53	6 18	morn
30	T	Russia cede Alaska to U.S., 1867	♓	5 47	6 23	0 24	4	5 48	6 22	0 19	5 52	6 18	0 0
31	F	Daylight saving in effect, 1918	♓	5 45	6 24	1 19	4	5 46	6 23	1 14	5 50	6 19	0 54

Weather Predictions—1-4, blustery; 5-7, generally clear and cold; 8-12, frosty and cold; 13-15, cloudy; 16-20, frost and snow; 21-23, changeable; 24-27, fair and pleasant; 28-31, cold.

WEIGHTS AND MEASURES FOR EVERY DAY USE

Bbl. of Flour = 196 lbs.
Bbl. of Salt = 280 lbs.
Bbl. of Pork = 200 lbs.
Bbl. of Beef = 200 lbs.

CUP MEASURES

1 Cup Sugar = ½ lb.
1 Cup Butter = ½ lb.
1 Cup Lard = ½ lb.
1 Cup Flour = ¼ lb.

LIQUID MEASURE

16 Ounces = 1 Pint
2 Pints = 1 Quart
4 Quarts = 1 Gallon
31½ Gallons = 1 Barrel
2 Barrels = 1 Hogshead

DRY MEASURE

2 Pints = 1 Quart
8 Quarts = 1 Peck
4 Pecks = 1 Bushel

SQUARE MEASURE

144 Sq. Inches = 1 Sq. Ft.
9 Sq. Ft. = 1 Sq. Yd.
30¼ Sq. Yds. = 1 Sq. Rod
160 Sq. Rds. = 1 Acre
640 Sq. Acres = 1 Sq. Mile

CORD WOOD

A cord of wood is a pile 4 ft. wide, 4 ft. high and 8 ft. long, or 128 cu. feet.

APPETITE POOR? -- NEED A TONIC?



BEWINO

BEEF, WINE and IRON

TONIC

Bewino is useful in convalescence from acute illness, since it stimulates the appetite, gives the desire to eat, and through its contained wine gives the stimulating effect which is SO necessary TO AID IN OVERCOMING THE WEAKNESSES that naturally follow acute illness.

PRICE 50 CENTS

MAKES YOU FEEL BETTER, EAT BETTER AND OFTEN SLEEP BETTER

LARGE SIZE $1.00

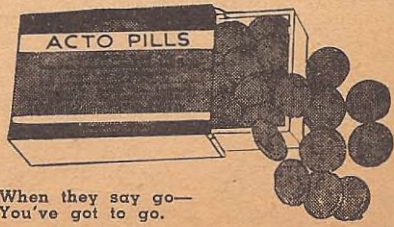
When you want Action QUICK!

ACTO Compound Action **PILLS**

For Quick, Effective Movements. A powerful purge and cathartic. Relieves such untoward ills as Headache, Heavy Feeling, so-called Biliousness and Flatulence due to Constipation.

CAUTION: Use only as directed.

PRICE 25 CENTS



When they say go—
You've got to go.

ALL ERBRU PREPARATIONS ARE GUARANTEED TO PLEASE

☆ Planter's Guide ☆

FOR GARDENERS AND FARMERS

Kind of Crop	Date of Planting	Seed Per Acre	Weeks Maturity
Cotton	Feb. to May 15	1 to 3 bush.	20-30
Corn	Feb. to June	8 qts.	18-20
Wheat	Sept. to Nov.	2 bush.	43
Oats	Feb., May, Sept.	2½ bush.	17
Barley	Apr. to May	2½ bush.	17
Rye	Sept. to Oct.	1½ bush.	43
White Beans	Mar. to May	20 to 30 qts.	7- 8
Cabbage	Oct., Mar. to May	¼ to ½ lbs.	12-15
Watermelons	Mar. 1 to May 10	2 to 7 lbs.	16-20
Onions	Feb. 1 to Apr. 10	3 to 4 lbs.	16-24
Potatoes	Jan., Feb., to Apr.	10 to 20 bush.	10-18
Sweet Potatoes	April to June	10 to 12 bush.	14-20
Pumpkins	Apr. 1 to May 1	4 to 7 lbs.	17-20
Tomatoes	Jan. 1 to April	4 to 9 ozs.	14-20
Turnips	Feb., Aug., Apr.	1 to 2 lbs.	10-14
Tobacco	Seed Bed Mar.	Oz. to 6 sq. rds.	18-20
Cow Peas	May 1 to July 15	2 to 5 pecks	6- 8

HINTS FOR HOME GARDENERS — WHEN TO PLANT

Planting times must be adjusted to local conditions. Planting must not be done until the soil is loose and mellow several inches down. And it must be done in time to allow the plants to mature.

Vegetables	Earliest and Latest Planting	Vegetables	Earliest and Latest Planting
Beets	April to August	Onions	April to May
Bush Beans	May to August	Parsley	April to June
Cabbage	April to May	Parsnips	April to June
Carrots	April to July	Peas	April to July
Cauliflower	April to May	Potatoes	March to June
Celery	March to April	Radishes	April to August
Corn	May to July	Spinach	April to August
Cucumbers	April to July	Tomatoes	May to June
Lettuce	April to August	Turnips	April to August

HOW TO PLANT

Vegetables	Amount 25 Ft. Row	Distance Between Rows	Distance Apart in Row	When Ready	Depth to Plant
Beets	½ ounce	12-15"	3- 4"	60- 70 days	1- 2"
Bush Beans	½ pint	12-18"	4- 6"	40- 60 days	2- 3"
Cabbage	20 plants	24-30"	18-24"	100 days	½- 1"
Carrots	½ ounce	12-15"	2- 3"	65- 90 days	½- 1"
Cauliflower	20 plants	24-30"	15-18"	100-120 days	½- 1"
Celery	⅛ ounce	18-24"	4- 6"	120-150 days	¼"
Corn	¼ pint	24-30"	18-24"	60- 90 days	½- 1"
Cucumbers	⅛ ounce	48-72"	36-48"	60- 80 days	½- 1"
Lettuce	⅛ ounce	12-18"	4- 6"	50- 80 days	½- 1"
Onions (seeds)	¼ ounce	12-18"	4- 6"	90-150 days	½- 1"
Parsley	⅛ ounce	12-18"	4- 6"	80-120 days	¼-½"
Peas	½ pint	24-36"	3- 4"	40- 75 days	2- 3"
Potatoes	3 pounds	24-36"	12-18"	80-140 days	4- 6"
Radishes	¼ ounce	6-12"	2- 3"	25- 45 days	½- 1"
Spinach	¼ ounce	12-15"	4- 6"	50- 90 days	½- 1"
Tomatoes	15 plants	24-30"	24-30"	90-120 days	1- 2"
Turnips	¼ ounce	12-24"	3- 6"	60- 80 days	½"

SARCOPTIC MANGE and SCALP TREATMENT

Removes the Loose Scales of Dandruff Caused by Excessively Oily Scalp. Eases Discomfort of Itching Scalp.

Apply this treatment to your scalp each day and follow with a shampoo.

Also massage your scalp.

The use of this remedy and massage is valuable in retarding excess thinning of hair. This treatment does not interfere with the use of hair dressing or pomade.

Big Bottle . . . Price — 35c

When used regularly with massage aids in checking unnatural falling hair.



DON'T LET ITCHING SCALP DRIVE YOU WILD

A Healthy Scalp Means Better Looking Hair

HELO SALVE

PROMOTES HEALING



Don't let the itching torment of skin irritations get you down. Get quick, effective relief of itching — burning discomfort of Eczema, Salt Rheum, Tetter, Heat Rash, Chafing, Minor Skin Irritations and Non-Poisonous Insect Bites. A Soothing — Cooling — Anti-Pruritic — Astringent Salve. PRICE 25c

Every Home Needs It . . .

. . . Keep It Handy

HELO

Has Lots of

GOOD USES

EASES DISCOMFORTS of Itching Heat Rash, Tired, Hurty Feet, Simple Cuts and Bruises, Mosquito Bites, Minor Burns and Frost Bite.



1944

April

1944

PHASES	BOSTON D H M	NEWYORK H M	WASH'TON H M
F. M.	8 0 22 A	0 22 A	0 22 A
L. Q.	15 11 59 A	11 59 A	11 59 A
N. M.	22 3 43 A	3 43 A	3 43 A
F. Q.	30 1 6 M	1 6 M	1 6 M

D M	D W	Historical Events	MOON'S SIGNS	LATITUDE OF NORTHERN STATES: Sun rises H M	Sun sets H M	Moon sets H M	SUN SLOW M	LATITUDE OF MIDDLE STATES: Sun rises H M	Sun sets H M	Moon sets H M	LATITUDE OF SOUTHERN STATES: Sun rises H M	Sun sets H M	Moon sets H M
1	S	*All Fool's Day*	♋	5 44	6 25	2 8	4	5 45	6 24	2 3	5 49	6 20	1 44
14.		**Palm Sunday**		**Day's Length—12h. 44m.**				**Day's Length—12h. 42m.**			**Day's Length—12h. 32m.**		
2	S	First U. S. Mint established, 1792	♋	5 42	6 26	2 51	4	5 43	6 25	2 47	5 48	6 20	2 29
3	M	Plane first over Mt. Everest, 1933	♋	5 40	6 27	3 29	3	5 41	6 26	3 25	5 46	6 21	3 10
4	T	First movie transm. by wire, 1928	♌	5 39	6 28	4 2	3	5 40	6 27	3 59	5 45	6 22	3 47
5	W	Swinburne born, 1837	♌	5 37	6 30	4 32	3	5 38	6 28	4 30	5 44	6 22	4 21
6	T	Peary discovered N. Pole, 1909	♌	5 35	6 31	4 59	2	5 36	6 29	4 57	5 42	6 23	4 52
7	F	*Good Friday*	♍	5 33	6 32	5 25	2	5 35	6 30	5 24	5 41	6 24	5 23
8	S	Clay-Randolph duel, 1826	♍	5 32	6 33	rises	2	5 33	6 31	rises	5 40	6 25	rises
15.		**Easter Sunday**		**Day's Length—13h. 4m.**				**Day's Length—13h. 0m.**			**Day's Length—12h. 46m.**		
9	S	Lee surrendered to Grant, 1865	♎	5 30	6 34	7 36	2	5 32	6 32	7 34	5 39	6 25	7 28
10	M	George Arliss born, 1868	♎	5 28	6 35	8 38	1	5 30	6 33	8 35	5 37	6 26	8 25
11	T	Civil War began, 1861	♎	5 27	6 36	9 41	1	5 28	6 34	9 37	5 36	6 27	9 23
12	W	Henry Clay, statesman, b., 1777	♏	5 25	6 37	10 44	1	5 27	6 36	10 40	5 35	6 27	10 22
13	T	Thomas Jefferson born, 1743	♏	5 23	6 38	11 46	0	5 25	6 37	11 41	5 34	6 28	11 22
14	F	Lincoln assassinated, 1865	♐	5 22	6 40	morn	0	5 24	6 38	morn	5 32	6 29	morn
15	S	Titanic sunk by Iceberg, 1912	♐	5 20	6 41	0 44	F.	5 22	6 39	0 39	5 31	6 29	0 19
16.		**Low Sunday**		**Day's Length—13h. 23m.**				**Day's Length—13h. 19m.**			**Day's Length—13h. 0m.**		
16	S	Charles Chaplin born, 1889	♑	5 19	6 42	1 37	0	5 21	6 40	1 32	5 30	6 30	1 13
17	M	First U. S. World War shot, 1917	♑	5 17	6 43	2 24	0	5 19	6 41	2 20	5 29	6 31	2 4
18	T	Paul Revere's heroic ride, 1775	♒	5 15	6 44	3 5	1	5 18	6 42	3 2	5 28	6 32	2 50
19	W	Battle of Lexington, 1775	♒	5 14	6 45	3 43	1	5 16	6 43	3 41	5 26	6 32	3 33
20	T	West Virginia in Union, 1863	♓	5 12	6 46	4 18	1	5 15	6 44	4 17	5 25	6 33	4 13
21	F	Mark Twain died, 1910	♓	5 11	6 47	4 49	1	5 13	6 45	4 49	5 24	6 34	4 50
22	S	Spanish-Amer. war began, 1898	♈	5 9	6 48	sets	2	5 12	6 46	sets	5 23	6 35	sets
17.		**2nd Sunday after Easter**		**Day's Length—13h. 42m.**				**Day's Length—13h. 37m.**			**Day's Length—13h. 13m.**		
23	S	*St. George*	♈	5 8	6 50	7 54	2	5 10	6 47	7 51	5 22	6 35	7 41
24	M	First Newspaper in U.S., 1704	♈	5 6	6 51	9 3	2	5 9	6 48	8 59	5 21	6 36	8 45
25	T	*St. Mark*	♉	5 5	6 52	10 8	2	5 8	6 49	10 4	5 20	6 36	9 46
26	W	Lafayette joins U.S. Army, 1777	♉	5 3	6 53	11 8	2	5 6	6 50	11 3	5 19	6 37	10 43
27	T	Gen. U. S. Grant born, 1822	♊	5 2	6 54	morn	2	5 5	6 51	11 57	5 18	6 38	11 37
28	F	Pres. James Monroe born, 1758	♊	5 0	6 55	0 2	3	5 3	6 52	morn	5 17	6 39	morn
29	S	Richard Crocker died, 1922	♋	4 59	6 56	0 49	3	5 2	6 53	0 44	5 16	6 40	0 25
18.		**3rd Sunday after Easter**		**Day's Length—13h. 59m.**				**Day's Length—13h. 53m.**			**Day's Length—13h. 26m.**		
30	S	Washington inaugurated, 1789	♋	4 58	6 57	1 29	3	5 1	6 54	1 25	5 15	6 41	1 8

Weather Predictions—1-4, changeable; 5-9, cool; 10-14, cold and frosty; 15-17, warm; 18-22, clear and pleasant; 23-25, variable; 26-28, rain; 29-30, cooler.

REFRESHING, COOLING DESSERTS

★

TO MAKE DELICIOUS STRAWBERRY, ORANGE, CHERRY OR GRAPE ICE CREAM OR SHERBET, dissolve 2 full cups of sugar and the contents of a package of "So-Good Soft Drink" in four or five cups milk. Put in a 2-quart freezer and turn until fairly stiff, then add a cup chilled cream and turn until frozen. This will make eight or ten helpings.

SO COLORFUL! SO TASTY!

To MAKE ICINGS FOR CAKES use any of the four flavors "So-Good" Soft Drink Base. Mix together 2 cups of sugar (powdered sugar if possible) with 2 tablespoons butter. Dissolve ½ package "So-Good" drink powder in small amount of water. Add sugar and butter, mix until thick enough to spread. This not only makes a delicious icing for cake but is very decorative.

POUR IT OUT AND STIR IT -- THAT'S ALL YOU HAVE TO DO



So-Good **SOFT DRINKS**

A SPOONFUL MAKES A GLASS FULL

3 TIMES AS STRONG as some cheap soft drinks. Goes three times as far. The large bottle makes over two full gallons, quickly and easily. Just the thing to cool you off on these hot summer days.

A LARGE BOTTLE 25 CENTS

TAKE YOUR CHOICE
LIQUID OR POWDER

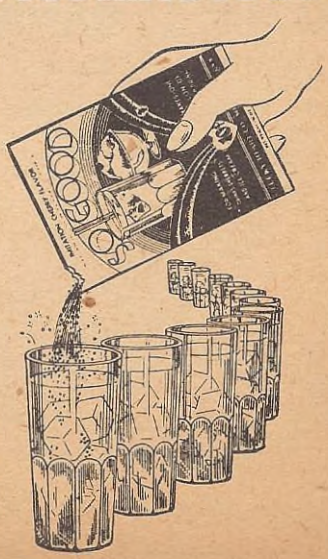
4 Delicious Flavors

GRAPE - STRAWBERRY - ORANGE
CHERRY

So-Good Soft Drink Powders

The quick, easy, economical way to make a delicious soft drink. Just put in water, add sugar and you have a drink fit for a King. The contents of the envelope will make nearly one gallon. Excellent for sherbets, ice, and icing for cakes.

PRICE 10 CENTS



So-Good
PUDDING AND PIE FILLER

Makes one of the best tasting desserts you ever ate — you just can't stop eating it. You will say no other dessert can match its rich flavor—**Chocolate, Lemon, Vanilla, Butterscotch.** And what is so remarkable — it can be made in a few minutes! No fuss! No bother! No worry! Think of making a Chocolate Pie in FIVE MINUTES!

MAKE TASTY DESSERTS

For more recipes see page opposite February Calendar.



Four Delicious Flavors

Men Love Pie with a Passion

The So-Good Filler is fo making either Pies or Pud dings. You will marve how the men will brag o your cooking if you use this fine filler. Men adore pies and puddings and i is so economical. It serves so many and goes so far You will want all four o the flavors handy should a guest come in unexpect edly. **Chocolate, Vanilla Butterscotch, Lemon,** fo the finest pies and pud dings, made quickly at s little expense.

PRICE ONLY 35c

Make a Wonderful Dessert in only Five Minutes

CREAM CAKE

2 eggs
1 cup sugar
2/3 cup milk
2 cups flour
2 level teaspoons butter
3 level tablespoons "So-Good" Butterscotch Dessert
2 level teaspoons "So-Good" Baking Powder

Bake in two layers or in cup-cake pans. Never fails.

CHOCOLATE RICE PUDDING

2 cups cold cooked rice
2 level tablespoons "So-Good" Chocolate Dessert
1 egg (slightly beaten)
½ cup milk
1½ cups sugar
1 level tablespoon butter

Combine ingredients, pour into a buttered baking dish and bake 15 to 20 minutes. When serving, pour 2 tablespoons whipped cream over the top of the pudding. This is a delicious rice pudding. Left over rice can be utilized in this appetizing way. It is a wholesome nutritious dessert for children. "So-Good" Lemon Dessert makes another pleasing dessert in combination with rice.

CHOCOLATE BREAD PUDDING

4 cups milk
4 level tablespoons "So-Good" Chocolate Dessert
2 cups stale bread crumbs
½ cup sugar

Mix ingredients together and bake in a moderate oven 20 minutes. Raisins may be added if desired. Any of the other "So-Good" Dessert flavors could be used in place of the Chocolate. This makes a wholesome economical pudding and uses what might otherwise be thrown away — stale bread.

LEMON RAISIN PIE

1½ cups hot water
½ cup sugar

Mix two (2) tablespoons "So-Good" Lemon Dessert with a little cold water and stir into hot water; add sugar, then stir in one cup raisins which have been run through a grinder. Cook about ten minutes. Bake with two crusts or serve as a pudding.

TWO EGG CAKE

½ cup shortening
1 cup sugar
2 eggs
½ cup milk
2 teaspoons "So-Good" Baking Powder
¼ teaspoon salt
1¾ cups flour
½ teaspoon Lucky Heart Vanilla
½ teaspoon Lucky Heart Lemon Extract

Cream shortening, slowly add sugar, egg yolks, beat thoroughly. Add dry ingredients sifted together 3 times. Fold in beaten egg whites. Bake in moderate oven 30 minutes for layer cake, 45 minutes for loaf or bake in muffin tin.

Use SO-GOOD
Double Action
BAKING POWDER
for Baking Success

Has two actions: the first in the mixing bowl, the second in the oven. Raises the dough or batter gently, smoothly and deliciously.

PRICE 35 CENTS

Delicious SO-GOOD BAKING POWDER BISCUITS

2 cups sifted flour
4 teaspoons So-Good Double Action Baking Powder
½ teaspoon salt
4 tablespoons butter or other shortening
2/3 cup milk

Sift flour, measure, salt, add So-Good Double Action Baking Powder, and sift again. Fold in shortening, gradually add milk and make into soft dough. Roll one-half inch thick with little flour on board, cut with floured biscuit cutter and bake in hot oven about 12 minutes.



Just look at these tasty goodies—They're so good!

SAVE MONEY!

DOUBLE STRENGTH
IMITATION VANILLA
FLAVORING
COMPOUND

BIGGER BOTTLE

TWICE AS STRONG

IN
FLAVORING VALUE
AS ORDINARY PURE
VANILLA EXTRACT!

ONE BOTTLE
EQUALS TWO



USE SO-GOOD

for flavoring
ICE CREAM
SHERBERTS
PUDDING
COOKIES
CANDIES
CAKES
PIES

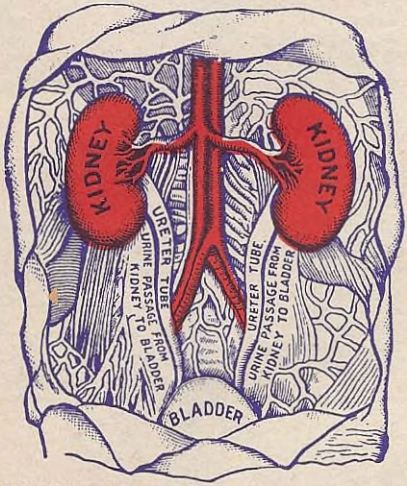
OTHER SO-GOOD
FLAVORS YOU WILL
WANT TO TRY

Strawberry - Black
Walnut - Pineapple
Banana - Orange
Lemon

Sold by Lucky Heart Agents Everywhere

Facts About The Human Body

Your body contains 253 Bones, 500 Muscles, 30 pounds of Blood, 10,000 nerves. Your heart is 4 inches wide and 6 inches long. You have 3 layers of skin. You breathe 1200 times an hour. Your heart beats 100,000 times every 24 hours. Your kidneys are about 4 inches long, 2 inches in breadth and one inch in thickness. They excrete about 3 pints of urine in 24 hours.



This illustration shows the position of the kidneys in the human body and the ureter tubes, the only way by which the urine is conveyed from the kidneys to the bladder.

How The Kidneys Work

The kidneys are highly vascular organs. The heart pumps blood to them to be filtered. This blood passes through about 2418 square inches of filtering surface of the kidneys which separates toxic waste material and urine from it. Diuretics are often used to help kidney action.

What Is A Diuretic?

What is the function of a diuretic? Diuretics are used to increase the flow of urine from the kidneys. They act by stimulating the kidneys directly to greater activity so that more urine is produced.

Diuretics Help Flush The Kidneys

Every 24 hours a normal adult ordinarily passes more than 3 pints of urine. It is one of the natural ways that your body gets rid of toxic waste material. Normal urine is a pale amber color, slightly acid in reaction and is separated from the circulating blood by the kidneys.

Proper Kidney Function Is Important!

Sometimes normal kidney cells become tired and don't act as well as they should. The result is a person does not have the pep and feel as well as he should. That is just the time that a simple diuretic gives aid by going right to work on functional sluggishness of certain cells in the kidneys to help nature excrete toxic waste materials.

Do Your Kidneys Need Stimulating With A Diuretic?

To restore normal functional activity of the urinary secretory organs when they are not diseased but still not acting right a simple alkalinized diuretic not only increases the production of urine but aids in the elimination of waste material — Bladder irritation is soothed with the result that you sleep better and won't have to be getting up so often at night.



SEE WHERE THE BLOOD GOES

YOU NEED GOOD RED BLOOD

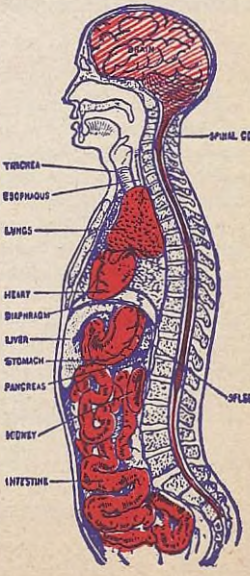
The blood of the body flows through the blood vessels. The circulation of the blood is kept up by the force and frequency of the heart beat. It nourishes your body by carrying the food you eat and the vital air you breathe to every organ and tissue within it.

Your blood contains plasma, red blood cells, white blood cells and iron (hemoglobin). This iron comes from the food you eat. Often times we don't get enough iron from our food. Then we have to get it from a good iron tonic. Iron unites with oxygen from the air you breathe and is carried by the blood to every tissue cell in the body where its function is very important.

When you don't get enough iron you become a victim of simple anemia. Often worry, confinement, over-work, pregnancy, sickness and poor diet cause this condition. When you suffer with simple anemia due to iron deficiency you feel tired, listless, lack strength, energy and pep.

This anatomical diagram shows the location and relation of many important organs of the body. The heart and lungs are located in the chest while the liver, stomach, spleen, pancreas, large and small intestines are in the abdomen. When any of these organs are diseased you can not feel well.

When you suffer with organic or infectious disease of any kind you should consult the best medical advice obtainable and not rely on your own judgment as to what ails you and how you should treat it. Give yourself the best of it by consulting your physician at frequent intervals.





DRY ECZEMA, TETTER
Prompt - Effective Antiseptic help.

ITCHING, BURNING DISCOMFORT OF *Pimples* FROM EXTERNAL CAUSES CAN MAKE YOU MISERABLE



ACNE PIMPLES (Bumps)
Relieves Discomfort.
Improves appearance.
Helps prevent scarring.

WONDER SKIN OINTMENT

Relieves Itching, Burning . . . Lightens Too Dark Skin

Acts as an Antiseptic Dressing in the relief of itching, burning of SUPERFICIAL PIMPLES, BLACKHEADS (BUMPS), and ACNE OF EXTERNAL ORIGIN. Relieves itching and burning due to CHRONIC ECZEMA (SALT RHEUM, TETTER), of external origin. SIMPLE RINGWORM, MINOR PARASITIC SKIN IRRITATONS.

While you sleep it does its work of bringing you lighter, brighter complexion. It will mean more than money to you in the happiness and pleasure it brings you.

Gives blessed relief from itching, burning torture of Surface Pimples that makes you feel so miserable. Full directions in every box.



SIMPLE RINGWORM
Kills-ringworm fungus when contacted.

PRICE 25c ★



SMALL SIZE 10c ★



SKIN LIGHTENER
Smoothes, Lightens, Brightens the complexion. You'll look better.

A MEDICATED BEDTIME TREATMENT EASY TO USE

COMFORTING RELIEF FROM ITCHY, NAGGING SCALP

ask yourself these questions:

Is your Scalp dry and tight feeling? Does your hair get crimpy and dry quickly? Is your scalp itchy: Are its roots in loose scaly dandruff? Is your hair falling out excessively? MEN AND WOMEN, if you want to help your hair, answer these questions honestly. If the answer is YES, then you should act at once to try to help these troubles. DIFFERENT FROM ORDINARY LAZY HAIR DRESSING.



LUCKY HEART TEMPGRO

A Sarcoptic Mange and Scalp Treatment

A preparation with medication intended to aid in the relief of Sarcoptic Mange and ITCHY, SCALY SCALP. If your hair is dry and dead feeling, if your scalp is itchy and causing your hair to fall out excessively from non-systemic causes, do your part with this hygienic care. Massage Lucky Heart Tempgro vigorously into your hair and scalp. You must get satisfaction or your money will be refunded.

PRICE 25c

TEMPGRO *A SARCOPTIC MANGE & SCALP TREATMENT*

TIGER HEAD ANTISEPTIC LINIMENT

Rub it on or Take it!


RUB ON BACK


RUB ON


POUR ON CUTS


TAKE INTERNALL

APPLY TO MUSCULAR ACHES AND PAINS

RUB IT!
Soothes!

TAKE IT!
Relieves!

HELPS EXPEL COLICKY GAS
DUE TO INTESTINAL FLATULENCE


RUB ON ELBOWS


RUB ON FOREHEAD



RUB IT ON!

FOR RELIEVING AND EASING
PAINS, ACHES AND DISCOMFORT OF MUSCULAR SORENESS AND STIFFNESS due to Exposure, Overexertion or Fatigue.

COUNTERIRRITANT
Helps to Relieve Discomfort of SIMPLE NEURALGIA AND SIMPLE HEADACHE.

ANTISEPTIC DRESSING
For Superficial CUTS, SCRATCHES, BRUISES, MOSQUITO AND NON-POISONOUS INSECT BITES, CHILBLAINS AND MINOR FROST BITES.

A SOOTHING LINIMENT
For ACHES AND PAINS due to MUSCULAR STRAINS and SPRAINS.

TIGER HEAD

Brand
POSITIVELY GUARANTEED TO SATISFY
Price 35c

TAKE IT!

A GAS EXPELLER
TO RELIEVE MISERY AND DISCOMFORT OF GAS PRESSURE WHERE INDICATED

Take in water as an aid in relieving discomfort of gastric flatulence (Gas). Gas trapped in the stomach or gullet brings painful and unpleasant symptoms. Reach for Tiger Headl Tiger Head when used as indicated relieves such pressure and brings comforting relief.

Tiger Head is made extra strong so that you really save money when you buy it. A little goes a long way.

Keep a Bottle of "TIGER HEAD" Always at Hand

Do Your Kidneys Need STIMULATING With a Diuretic?

GENUINE PREACHER'S NO-RU

DIURETIC STIMULANT TO THE KIDNEYS



50c

INCREASES PRODUCTION OF URINE
DECREASES ACID OF URINE

NO-RU AIDS NATURE TO RESTORE NORMAL FUNCTIONAL ACTIVITY OF THE URINARY SECRETORY ORGANS, when the activity of these organs is below par not the result of pathology.

FOR FUNCTIONAL SLUGGISHNESS

NO-RU ASSISTS THESE ORGANS BY INCREASING URINARY OUTPUT to aid in elimination of acid and waste material. No-Ru is an aid to relieve BLADDER IRRITATION where the irritation is due to EXCESSIVE ACIDITY of the urine as it is alkaline in the urine, and neutralizes a portion of the urinary acid and tends to decrease the irritability that is often responsible for URINARY FREQUENCY with the result you can't sleep nights. In mild cases of bladder disorder due to excessive acidity it is an aid in

RELIEVING THE IRRITATION, DISCOMFORT AND TOO FREQUENT URINATION

REGULAR SIZE 50c
EXTRA LARGE SIZE $1.00

LIQUID
NO-RU
PILLS



Your Satisfaction Guaranteed!

A Stimulant Diuretic for Functional Sluggishness

50c

Diuretic Stimulant To The Kidneys

NO-RU
PILLS

TENDS TO PROMOTE PRODUCTION OF

URINE

AND AIDS ELIMINATION

No-Ru Pills increase output of urine, aiding in the elimination of ACID AND WASTE MATERIAL, in mild cases of bladder irritation due to excess urine acid.

Try a box of No-Ru Pills. For men and women. Handy to carry. Easy and pleasant to take.

Helps you get back

LOST ENERGY, STRENGTH, PEP

WHEN LOST IRON LETS YOU DOWN

GANDEEN TONIC TABLETS

Restore lost Iron — and feel like living again. If you are feeling punk — out of sorts — weak — all because you need iron — get GANDEEN TONIC TABLETS TODAY.

If your work has got you down — too weak and tired to stay with it — because you need iron — use Gandeen Tonic Tablets and snap right out of it. Regain that old zip, pep and energy.



Contains Nux Iron Yeast and Vitamin B1

FOR MEN AND WOMEN

A REAL IRON TONIC

PRICE 50c

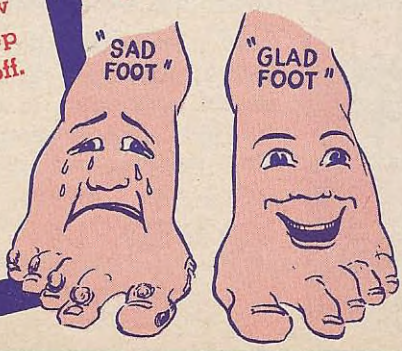
INCREASES COLORING MATTER OF THE BLOOD

Walk and Dance when

CORNGO

MAKES CORNS GO!

Don't suffer with the painful agonies of corns. Corn Go quickly relieves Pain. Just place it right on the corn — feel how it soothes — How promptly the pain's gone. Just keep putting it on to bring the corn off. Beware of knife or razor on a corn. Make sad feet glad feet with Corn Go. Makes walking and dancing a pleasure. Price 25c.





Beware of KNIFE and RAZOR! Don't use razor blades or knives. Blood poison has been known to come to many a person using these methods.

PERFUMED STARCH

MAKES CLOTHES SMELL SWEET FOR DAYS

Women, perfume and sweeten your clothes when they are washed. You will love its fragrant odor. You will be delighted with the ease and speed it gives to ironing.

Use it on your UNDERTHINGS, on your BLOUSES and WASH DRESSES. Use it when laundering SHEETS and PILLOW CASES to give your bed a lovely odor.

Use it on curtains and table linens. In fact, it's ideal for laundering anything you wish to perfume and give a lovely starchy freshness. This lovely starch contains a special ingredient to make ironing easier. Your iron will simply fly over your clothes, giving them new beauty and loveliness. It helps keep your clothes clean longer by holding down tiny fibers that catch dust and dirt. It makes clothes look better, smell better, iron easier and wear longer.

PRICE 25 CENTS





MAGIC BRITE
Furniture Polish

Full Directions

on every package, with helpful hints about how to make wash days easier.

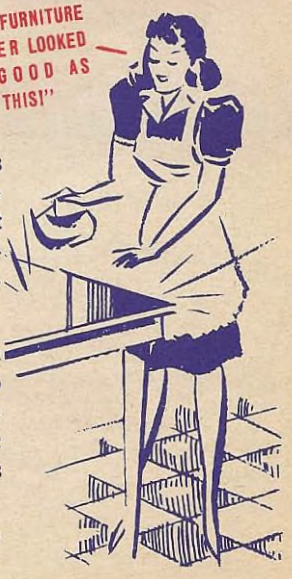
25c



Makes Things Look Like New

This wonderful polish not only cleans accumulated dust, dirt and grime from your furniture, but its light bright film protects and preserves the beautiful finish of furniture, woodwork, linoleum and your automobile.

Just follow the simple directions on every package. You don't have to spend long hours to make your furniture look like new any longer. Magic Brite requires but little rubbing, works quick, saves hours.



BRIGHTEN UP YOUR HOME!

Simple and easy to use

SAVES TIME • SAVES RUBBING

BIRTHSTONES AND FLOWERS

January: Garnet
Flower: Snow Drop
February: Amethyst
Flower: Primrose
March: Bloodstone
Flower: Violet
April: Diamond
Flower: Daisy
May: Emerald
Flower: Hawthorne
June: Pearl
Flower: Honeysuckle
July: Ruby
Flower: Rose
August: Sardonyx
Flower: Poppy
September: Sapphire
Flower: Morning Glory
October: Opal
Flower: Hops
November: Topaz
Flower: Chrysanthemum
December: Turquoise
Flower: Poinsettia

Buy your Birthday Ring from the Lucky Heart Agent!

WHEN TO SET EGGS

Those who prefer to set eggs so that they will hatch on pre-determined dates will find these days best:

January 21-22 to hatch February 10-11
February 18-19 to hatch March 10-11.
March 16-17 to hatch April 6-7.
April 12-13 to hatch May 3-4.
May 13 to hatch June 1.
June 6-7 to hatch June 27-28.

1944



May

1944

PHASES	BOSTON D H M	NEW YORK H M	WASH'TON H M
F. M.	8 2 28 M	2 28 M	2 28 M
L. Q.	15 6 12 M	6 12 M	6 12 M
N. M.	22 1 12 M	1 12 M	1 12 M
F. Q.	29 7 6 A	7 6 A	7 6 A

D M	D W	Historical Events	MOON'S SIGNS	LATITUDE OF NORTHERN STATES Sun rises H M	Sun sets H M	Moon sets H M	SUN FAST M	LATITUDE OF MIDDLE STATES Sun rises H M	Sun sets H M	Moon sets H M	LATITUDE OF SOUTHERN STATES Sun rises H M	Sun sets H M	Moon sets H M
1	M	*St. Philip and St. James*	♋	4 56	6 59	2 3	3	4 59	6 55	1 59	5 14	6 41	1 46
2	T	Catherine the Great born, 1729	♋	4 55	7 0	2 34	3	4 58	6 56	2 31	5 13	6 42	2 21
3	W	First U. S. medical school, 1765	♋	4 53	7 1	3 2	3	4 57	6 57	3 0	5 12	6 42	2 54
4	T	Napoleon arrives at Elba, 1814	♋	4 52	7 2	3 29	3	4 56	6 58	3 28	5 11	6 43	3 25
5	F	Napoleon died at Elba, 1821	♋	4 51	7 3	3 55	3	4 54	6 59	3 55	5 10	6 44	3 56
6	S	N.Y. Herald first published, 1835	♋	4 49	7 4	4 21	3	4 53	7 0	4 22	5 9	6 45	4 27
		19. 4th Sunday after Easter — Day's Length—14h. 17m.—14h. 10m.—13h. 37m.											
7	S	Pontiac Conspiracy, 1763	♌	4 48	7 5	rises	4	4 52	7 2	rises	5 8	6 45	rises
8	M	Dante born, 1265	♌	4 47	7 6	7 32	4	4 51	7 3	7 29	5 7	6 46	7 16
9	T	Adm. Byrd over N. Pole., 1926	♍	4 46	7 7	8 37	4	4 50	7 4	8 33	5 6	6 47	8 16
10	W	Neth.-Belgium invaded, 1940	♍	4 45	7 8	9 40	4	4 49	7 5	9 35	5 5	6 47	9 16
11	T	Minnesota became a state, 1858	♎	4 43	7 9	10 40	4	4 47	7 6	10 35	5 4	6 48	10 15
12	F	Union Pacific R.R. opened, 1869	♎	4 42	7 10	11 35	4	4 46	7 7	11 30	5 4	6 49	11 10
13	S	First Eng. settlement in Va., 1607	♏	4 41	7 12	morn	4	4 45	7 8	morn	5 3	6 50	morn
		20. Rogation Sunday — Day's Length—14h. 33m.—14h. 25m.—13h. 48m.											
14	S	*Mothers' Day*	♏	4 40	7 13	0 25	4	4 44	7 9	0 21	5 2	6 50	0 3
15	M	Air Mail Service inaug. 1918	♐	4 39	7 14	1 8	4	4 43	7 9	1 4	5 1	6 51	0 58
16	T	Balzac born, 1889	♐	4 38	7 15	1 45	4	4 42	7 10	1 42	5 1	6 52	1 33
17	W	Money order plan estab., 1864	♐	4 37	7 16	2 18	4	4 42	7 11	2 16	5 0	6 53	2 11
18	T	*Ascension Day*	♑	4 36	7 17	2 50	4	4 41	7 12	2 50	4 59	6 53	2 49
19	F	Amer. Revolution began, 1775	♑	4 35	7 18	3 22	4	4 40	7 13	3 23	4 59	6 54	3 26
20	S	Columbus died, 1506	♒	4 34	7 19	3 54	4	4 39	7 14	3 56	4 58	6 55	4 4
		21. Sunday after Ascension — Day's Length—14h. 47m.—14h. 37m.—13h. 57m.											
21	S	Amer. Red Cross founded, 1881	♒	4 33	7 20	4 28	4	4 38	7 15	4 31	4 58	6 55	4 44
22	M	First Union casualty, 1861	♓	4 32	7 21	sets	3	4 37	7 16	sets	4 57	6 56	sets
23	T	Captain Kidd executed, 1701	♓	4 32	7 22	8 54	3	4 36	7 17	8 49	4 56	6 57	8 30
24	W	Brooklyn Bridge opened, 1883	♈	4 31	7 23	9 51	3	4 36	7 18	9 46	4 56	6 57	9 26
25	T	Ralph W. Emerson born, 1803	♈	4 30	7 24	10 42	3	4 35	7 18	10 37	4 55	6 58	10 17
26	F	Montana a territory, 1864	♉	4 29	7 24	11 26	3	4 34	7 19	11 21	4 55	6 59	11 3
27	S	John Calvin died, 1564	♉	4 28	7 25	morn	3	4 34	7 20	11 59	4 55	6 59	11 44
		22. Pentecost—Whit Sunday — Day's Length—14h. 58m.—14h. 48m.—14h. 6m.											
28	S	Joseph W. Folk died, 1923	♉	4 28	7 26	0 3	3	4 33	7 21	morn	4 54	7 0	morn
29	M	Empress of Ireland sunk, 1914	♊	4 28	7 27	0 35	3	4 33	7 22	0 32	4 54	7 1	0 20
30	T	*Memorial Day*	♊	4 27	7 28	1 4	3	4 32	7 23	1 2	4 54	7 1	0 53
31	W	*Ember day*	♊	4 26	7 29	1 31	2	4 32	7 23	1 30	4 53	7 2	1 25

Weather Predictions—1-4, unsettled conditions; 5-7, pleasant; 8-11, warm and pleasant; 12-15, rain; 16-18, warm; 19-21, showery; 22-25, changeable; 26-28, showers; 29-31, rainy.



Beat The Heat . . . OH BOY!
THIS MAKES YOU FEEL GOOD

LUCKY HEART **HEAT POWDER**

RELIEVES SWEATY ITCHING — EASES HEAT RASH, OFFSETS PERSPIRATION ODORS

Don't itch and scratch during hot weather when there is this quick, blessed relief from heat rash and prickly irritations, as well as from sweaty odors.

DUST UNDER THE ARMS AND WHEREVER SKIN RUBS, CHAFES OR GALLS

Sprinkle in shoes for tired, burning feet. Neutralizes sweaty odors. Just sprinkle on your toes, in your shoes for that cool, comfortable feeling. Makes feet smell and feel good.

FOR MEN, WOMEN, BABIES — NEEDED ALL YEAR 'ROUND
PRICE 25 CENTS

"QUICK" RELIEF from PRICKLY HEAT



LUCKY HEART CO. — 388-400 MULBERRY ST. — MEMPHIS 2, TENN.

1944



1944

PHASES	BOSTON	NEW YORK	WASH'TON
	D H M	H M	H M
F. M.	6 1 58 A	1 58 A	1 58 A
L. Q.	13 10 56 M	10 56 M	10 56 M
N. M.	20 0 0 A	0 0 A	0 0 A
F. Q.	28 0 27 A	0 27 A	0 27 A

D M	D W	Historical Events	MOON'S SIGNS	LATITUDE OF NORTHERN STATES: Sun rises H M	Sun sets H M	Moon sets H M	SUN FAST M	LATITUDE OF MIDDLE STATES: Sun rises H M	Sun sets H M	Moon sets H M	LATITUDE OF SOUTHERN STATES: Sun rises H M	Sun sets H M	Moon sets H M
1	T	Tennessee admit.to Union, 1796	♍	4 26	7 30	1 57	2	4 31	7 24	1 57	4 53	7 2	1 56
2	F	*Ember day*	♍	4 25	7 30	2 23	2	4 31	7 25	2 24	4 53	7 3	2 27
3	S	*Ember day*	♎	4 25	7 31	2 50	2	4 30	7 26	2 51	4 52	7 3	2 59
		23. Trinity Sunday.		**Day's Length—15h. 7m.—14h. 56m.—14h. 12m.**									
4	S	Burgoyne died, 1792	♎	4 25	7 32	3 19	2	4 30	7 26	3 21	4 52	7 4	3 33
5	M	Socrates, philosopher, b., 469 B.C.	♏	4 24	7 32	3 51	2	4 29	7 27	3 54	4 52	7 4	4 10
6	T	Battle of Belleau Wood, 1918	♏	4 24	7 33	rises	1	4 29	7 28	rises	4 52	7 5	rises
7	W	British take Messines Ridge, 1917	♏	4 23	7 34	8 31	1	4 29	7 28	8 26	4 52	7 5	8 6
8	T	*Corpus Christi*	♐	4 23	7 34	9 30	1	4 29	7 29	9 25	4 51	7 6	9 5
9	F	Norway surrendered, 1940	♐	4 23	7 35	10 22	1	4 28	7 29	10 17	4 51	7 6	9 59
10	S	Flood in Kansas, 1923	♑	4 23	7 35	11 8	1	4 28	7 30	11 4	4 51	7 7	10 49
		24. 1st Sunday after Trinity		**Day's Length—15h. 14m.—15h. 2m.—14h. 16m.**									
11	S	Richard Strauss born, 1864	♑	4 22	7 36	11 48	0	4 28	7 30	11 45	4 51	7 7	11 34
12	M	Virginia declared rights, 1776	♒	4 22	7 36	morn	0	4 28	7 31	morn	4 51	7 8	morn
13	T	Gen. Winfield Scott born, 1786	♒	4 22	7 37	0 23	S.	4 28	7 31	0 21	4 51	7 8	0 14
14	W	*Flag Day*	♓	4 22	7 37	0 55	0	4 28	7 32	0 54	4 51	7 8	0 52
15	T	Arkansas became a state, 1836	♓	4 22	7 38	1 25	0	4 28	7 32	1 25	4 51	7 9	1 27
16	F	Marlborough died, 1722	♈	4 22	7 38	1 56	1	4 28	7 33	1 57	4 51	7 9	2 4
17	S	Battle of Bunker Hill, 1775	♈	4 22	7 38	2 28	1	4 28	7 33	2 30	4 51	7 10	2 42
		25. 2nd Sunday after Trinity		**Day's Length—15h. 17m.—15h. 5m.—14h. 19m.**									
18	S	War declared against Eng., 1812	♉	4 22	7 39	3 2	1	4 28	7 33	3 5	4 51	7 10	3 21
19	M	Maximilian ex. in Mexico, 1867	♉	4 23	7 39	3 42	1	4 28	7 34	3 46	4 51	7 10	4 5
20	T	West Virginia in Union, 1863	♉	4 23	7 40	sets	1	4 28	7 34	sets	4 52	7 11	sets
21	W	☉ *enters* ♋, *Summer begins*	♊	4 23	7 40	8 33	2	4 28	7 34	8 28	4 52	7 11	8 8
22	T	Battle of Craney Island, 1863	♊	4 23	7 40	9 20	2	4 29	7 34	9 15	4 52	7 11	8 56
23	F	Penn treaty with Indians, 1683	♋	4 23	7 40	10 1	2	4 29	7 35	9 57	4 52	7 11	9 40
24	S	*St. John, Baptist*	♋	4 24	7 40	10 36	2	4 29	7 35	10 33	4 53	7 11	10 19
		26. 3rd Sunday after Trinity		**Day's Length—15h. 16m.—15h. 6m.—14h. 18m.**									
25	S	Custer Massacre, 1876	♌	4 24	7 40	11 7	2	4 29	7 35	11 4	4 53	7 11	10 55
26	M	First Amer. troops in France, 1917	♌	4 24	7 40	11 34	3	4 30	7 35	11 32	4 53	7 11	11 26
27	T	Battle of Gaines Mills, 1862	♌	4 25	7 40	morn	3	4 30	7 35	11 59	4 53	7 12	11 57
28	W	World War began in Eur., 1914	♍	4 25	7 40	0 0	3	4 31	7 35	morn	4 54	7 12	morn
29	T	*St. Peter and St. Paul*	♍	4 25	7 40	0 25	3	4 31	7 35	0 25	4 54	7 12	0 26
30	F	Indian Terr. est. by Cong., 1834	♎	4 26	7 40	0 51	4	4 31	7 35	0 52	4 54	7 12	0 57

Weather Predictions—1-3, warm and pleasant; 4-8, showers; 9-12, warm; 13-16, clear; 17-20, warm spell; 21-25, thunder showers; 26-30, generally clear and pleasant.

WEDDING RHYMES

Monday for wealth
Tuesday for health
Wednesday the best day of all
Thursday for losses
Friday for crosses
Saturday no luck at all

•◆•

Married in white have chose aright
Married in blue your love will be true
Married in brown you will live out of town
Married in green you will wish to be seen
Married in red you'll wish yourself dead
Married in black you had better turn back
Married in yellow you have the wrong fellow
Married in gray is a widow's way

•◆•

WEDDING ANNIVERSARIES

1st year--Paper
2nd year—Cotton
3rd year—Leather
5th year—Wooden
7th year—Woolen
10th year—Tin
12th year—Linen
15th year—Crystal
20th year—China
25th year—Silver
50th year—Golden
75th year—Diamond

For Hurting Feet -- Lucky Heart Medicated Foot Soap

Soak your feet — for real relief

A specially prepared soap for tired, burning, irritated, hurting feet. Soothes feet — makes them comfortable — softens thick, hardened skin and callouses. Neutralizes foot odors.

Makes Feet FEEL SO GOOD--SMELL SO GOOD
NOT AN ORDINARY BAR SOAP



EXTRA LARGE SIZE BAR 25c



CORN PADS
WITH MEDICATED CENTER
For relieving and removing corns. A true and tried method for glad feet.
PRICE 25c

CALLOUS PADS
WITH MEDICATED CENTER
Takes off callouses while permitting you to walk, stand or dance. Eases discomfort.
PRICE 25c

BUNION PADS
Eases pain temporarily by taking pressure off sore painful spot.
PRICE 25c

STATE FLOWERS

STATE	FLOWER
Alabama	Goldenrod
Arizona	Sahuaro
Arkansas	Apple Blossom
Calif.	Golden Poppy
Colorado	Columbine
Conn.	Mt. Laurel
Delaware	Peach Blossom
Florida	Orange Bloss'm
Georgia	Cherokee Rose
Idaho	Syringa
Illinois	Wood Violet
Indiana	Zinnia
Iowa	Wild Rose
Kansas	Sunflower
Kentucky	Trumpet Vine
Louisiana	Magnolia
Maine	Pine Cone & T'l
Maryland	Bl'keyed Susan
Mass.	Mayflower
Michigan	Apple Blossom
Minn.	Moccasin Fl'r
Miss.	Magnolia
Missouri	Hawthorn
Montana	Bitter Root
Nebraska	Goldenrod
Nevada	Sagebrush
N. H'shire	Purple Lilac
N. Jersey	Violet
N. Mex.	Cactus
N. Car.	Rose
N. Dak.	Goldenrod
Ohio	Wild Pr'ie Rose
Okla.	Scarlet C'nation
Oregon	Mistletoe
Penna.	Oregon Grape
R. Island	Mt. Laurel
S. Car.	Violet
S. Dak.	Y'l'w Jessamine
Tenn.	Pasque Flower
Texas	Passion Flower
Utah	Bluebonnet
Vermont	Sego Lily
Virginia	Red Clover
Wash.	Amer. Dogwood
W. Va.	Rhododendron
Wisconsin	Rhododendron
Wyoming	Violet

1944



July

1944

PHASES	BOSTON D H M	NEWYORK H M	WASH'TON H M
F. M.	5 11 27 A	11 27 A	11 27 A
L. Q.	12 3 39 A.	3 39 A	3 39 A
N. M.	20 0 42 M	0 42 M	0 42 M
F. Q.	28 4 23 M	4 23 M	4 23 M

D M	D W	Historical Events	MOON'S SIGNS	LATITUDE OF NORTHERN STATES Sun rises H M	Sun sets H M	Moon sets H M	SUN SLOW M	LATITUDE OF MIDDLE STATES Sun rises H M	Sun sets H M	Moon sets H M	LATITUDE OF SOUTHERN STATES Sun rises H M	Sun sets H M	Moon sets H M
1	S	Dominion Day, Canada	♎	4 26	7 40	1 18	4	4 32	7 35	1 20	4 55	7 12	1 30
27.		**4th Sunday after Trinity**		**Day's Length—15h. 13m.**				**—15h. 3m.**		**—14h. 17m.**			
2	S	Pres. Garfield assassinated, 1881	♎	4 27	7 40	1 48	4	4 33	7 35	1 51	4 55	7 12	2 5
3	M	Idaho admitted to Union, 1890	♏	4 27	7 40	2 23	4	4 33	7 34	2 27	4 56	7 12	2 44
4	T	*Independence Day*	♏	4 28	7 40	3 5	4	4 33	7 34	3 9	4 56	7 12	3 30
5	W	Dominion of Canada est., 1868	♐	4 28	7 40	rises	4	4 34	7 34	rises	4 57	7 11	rises
6	T	John Paul Jones born, 1747	♐	4 29	7 39	8 14	5	4 35	7 34	8 9	4 57	7 11	7 49
7	F	Merrimac heros released, 1898	♑	4 29	7 39	9 4	5	4 35	7 33	9 0	4 58	7 11	8 42
8	S	John D. Rockefeller born, 1839	♑	4 30	7 39	9 47	5	4 36	7 33	9 44	4 58	7 11	9 30
28.		**5th Sunday after Trinity**		**Day's Length—15h. 7m.**				**—14h. 56m.**		**—14h. 13m.**			
9	S	Braddock's defeat, 1755	♒	4 31	7 38	10 25	5	4 37	7 33	10 23	4 58	7 11	10 14
10	M	Wyoming admit. to Union, 1890	♒	4 32	7 38	10 58	5	4 38	7 32	10 57	4 59	7 10	10 53
11	T	Pres. John Quincy Adams b., 1767	♓	4 33	7 37	11 29	5	4 38	7 32	11 29	4 59	7 10	11 29
12	W	Hull's invasion of Canada, 1812	♓	4 33	7 37	11 59	5	4 39	7 32	morn	5 0	7 10	morn
13	T	Napoleon surrendered, 1815	♈	4 34	7 36	morn	6	4 39	7 31	0 0	5 1	7 9	0 5
14	F	French revolution, 1789	♈	4 35	7 36	0 30	6	4 40	7 31	0 32	5 1	7 9	0 42
15	S	*St. Swithin*	♉	4 36	7 35	1 3	6	4 41	7 30	1 6	5 2	7 9	1 21
29.		**6th Sunday after Trinity**		**Day's Length—14h. 58m.**				**—14h. 49m.**		**—14h. 6m.**			
16	S	Dist. of Columbia estab., 1790	♉	4 36	7 34	1 40	6	4 41	7 30	1 44	5 2	7 8	2 2
17	M	Franco-German War, 1870	♉	4 37	7 34	2 21	6	4 42	7 29	2 26	5 3	7 8	2 46
18	T	Wm. M. Thackeray b.. 1811	♊	4 38	7 33	3 8	6	4 43	7 28	3 13	5 4	7 8	3 35
19	W	First iron ship launched, 1843	♊	4 39	7 32	sets	6	4 44	7 28	sets	5 4	7 7	sets
20	T	Mormons expel. from Sweden, '12	♋	4 40	7 32	7 59	6	4 45	7 27	7 55	5 5	7 7	7 37
21	F	First battle of Bull Run, 1861	♋	4 41	7 31	8 36	6	4 45	7 26	8 32	5 6	7 6	8 18
22	S	French submarine lost, 1927	♋	4 42	7 30	9 8	6	4 46	7 25	9 5	5 6	7 6	8 54
30.		**7th Sunday after Trinity**		**Day's Length—14h. 46m.**				**—14h. 38m.**		**—13h. 58m.**			
23	S	Bunker Hill Monu. compl., 1841	♌	4 43	7 29	9 36	6	4 47	7 25	9 34	5 7	7 5	9 26
24	M	Canada discovered, 1534	♌	4 44	7 28	10 2	6	4 48	7 24	10 1	5 8	7 4	9 57
25	T	*St. James*	♍	4 44	7 28	10 27	6	4 49	7 23	10 27	5 8	7 4	10 26
26	W	N.Y. State rat. U.S. Consti., '88	♍	4 45	7 27	10 53	6	4 50	7 22	10 54	5 9	7 3	10 57
27	T	State Department est., 1789	♍	4 46	7 26	11 19	6	4 51	7 21	11 21	5 10	7 2	11 28
28	F	First official mail car, 1862	♎	4 47	7 25	11 47	6	4 52	7 20	11 50	5 10	7 2	morn
29	S	First Almanac printed, 1472	♎	4 48	7 23	morn	6	4 53	7 19	morn	5 11	7 1	0 2
31.		**8th Sunday after Trinity**		**Day's Length—14h. 33m.**				**—14h. 24m.**		**—13h. 49m.**			
30	S	Rocky Mt., N.C., battle, 1780	♏	4 49	7 22	0 14	6	4 54	7 18	0 22	5 11	7 0	0 39
31	M	First U.S. patent issued, 1790	♏	4 50	7 21	0 57	6	4 55	7 17	1 1	5 12	7 0	1 20

Weather Predictions—1-4, hot and thunder showers; 5-8, hot and sultry; 9-13, showers; 14-18, cloudy and cool; 19-22, hot wave; 23-27, cooler; 28-31, hot.

RESCUE YOUR FEET ★ FROM BURNING MISERY ★

GIVE YOUR FEET A COOLING TREAT

TEMPGRO FOOT BALM

MAKES HURTING FEET FEEL GOOD

FEEL THE COMFORTABLE COOLNESS that comes instantly with using TEMPGRO Foot Balm. Rub gently on hard, ugly callouses to soften them up — to chase them away. Apply as a medicated rub to ease tender burning feet because of too much walking, standing, or badly fitting shoes.

USE WINTER OR SUMMER — WHENEVER YOUR FEET HURT

Easy to apply. Not sticky or greasy.

Lubricates CORN. Softens CALLOUSES.

PRICE 25 CENTS

STOP BURNING CALLOUSED FEET FROM MOANING AND GROANING



DON'T HAVE CRY BABIES

GIVE THEM

Genuine CASTORIA

THEY LIKE IT! IT LIKES THEM!

For Babies or Growing Children up to 12 Years Old. A guaranteed preparation for infants that relieves

SOUR STOMACH, FEVERISHNESS, SLEEPLESSNESS DUE TO CONSTIPATION

CAUTION: Use only as directed.

PRICE 25 CENTS

EASY TO GIVE! NICE TO TAKE!



1944

August

1944

PHASES	BOSTON	NEW YORK	WASH'TON
	D H M	H M	H M
F. M.	4 7 39 M	7 39 M	7 39 M
L. Q.	10 9 52 A	9 52 A	9 52 A
N. M.	18 3 25 A	3 25 A	3 25 A
F. Q.	26 6 39 A	6 39 A	6 39 A

D M	D W	Historical Events	MOON'S SIGNS	LATITUDE OF NORTHERN STATES: Sun rises H M	Sun sets H M	Moon sets H M	SUN SLOW M	LATITUDE OF MIDDLE STATES: Sun rises H M	Sun sets H M	Moon sets H M	LATITUDE OF SOUTHERN STATES: Sun rises H M	Sun sets H M	Moon sets H M
1	T	First Natl. census began, 1790	♐	4 51	7 20	1 42	6	4 56	7 16	1 47	5 13	6 59	2 8
2	W	Pres. Harding died, 1923	♐	4 52	7 19	2 35	6	4 57	7 15	2 40	5 14	6 58	3 2
3	T	Columbus first voyage, 1492	♑	4 53	7 18	3 37	6	4 58	7 14	3 42	5 14	6 57	4 4
4	F	Brownstown Battle, Mich., 1812	♑	4 54	7 17	rises	6	4 58	7 13	rises	5 15	6 56	rises
5	S	First book printed, 1462	♒	4 55	7 15	8 19	6	4 59	7 12	8 16	5 16	6 55	8 6
		32. 9th Sunday after Trinity		**Day's Length—14h. 17m.—14h. 10m.—13h. 39m.**									
6	S	Prog. political party formed, 1921	♒	4 57	7 14	8 56	6	5 0	7 10	8 54	5 16	6 55	8 48
7	M	U. S. War Dept. created, 1789	♓	4 58	7 13	9 30	6	5 1	7 9	9 29	5 17	6 54	9 28
8	T	Spanish Armada destroyed, 1588	♓	4 59	7 12	10 2	6	5 2	7 8	10 3	5 18	6 53	10 6
9	W	Cedar Mt., Va., battle, 1862	♓	5 0	7 10	10 33	5	5 3	7 7	10 35	5 18	6 52	10 43
10	T	Mo. admitted to Union, 1821	♈	5 1	7 9	11 5	5	5 4	7 5	11 8	5 19	6 51	11 21
11	F	Gold rush to Klondike, 1897	♈	5 2	7 8	11 41	5	5 5	7 4	11 45	5 20	6 50	morn
12	S	Kill King Philip at Mt. Hope, 1676	♉	5 3	7 6	morn	5	5 6	7 3	morn	5 21	6 49	0 2
		33. 10th Sunday after Trinity		**Day's Length—14h. 1m.—13h. 54m.—13h. 27m.**									
13	S	Cortez takes Mexico, 1521	♉	5 4	7 5	0 21	5	5 7	7 1	0 25	5 21	6 48	0 45
14	M	First dated book issued, 1457	♊	5 5	7 3	1 5	5	5 8	7 0	1 10	5 22	6 47	1 32
15	T	Napoleon Bonaparte born, 1769	♊	5 6	7 2	1 55	4	5 9	6 59	2 0	5 23	6 46	2 22
16	W	King Peter of Serbia died, 1921	♋	5 7	7 0	2 49	4	5 10	6 58	2 54	5 23	6 45	3 16
17	T	First food inspection act, 1890	♋	5 8	6 59	3 45	4	5 11	6 56	3 49	5 24	6 43	4 9
18	F	Orville Wright born, 1861	♋	5 9	6 57	sets	4	5 12	6 54	sets	5 25	6 42	sets
19	S	Victory of "Old Ironsides", 1812	♌	5 10	6 56	7 39	3	5 13	6 53	7 37	5 25	6 41	7 28
		34. 11th Sunday after Trinity		**Day's Length—13h. 43m.—13h. 38m.—13h. 14m.**									
20	S	Benjamin Harrison born, 1833	♌	5 11	6 54	8 5	3	5 14	6 52	8 3	5 26	6 40	7 58
21	M	Bank of St. Louis estab., 1816	♍	5 13	6 53	8 30	3	5 15	6 50	8 29	5 26	6 39	8 28
22	T	Debussy born, 1862	♍	5 14	6 51	8 55	3	5 16	6 49	8 55	5 27	6 38	8 58
23	W	Commodore Perry died, 1819	♍	5 15	6 50	9 20	2	5 17	6 47	9 21	5 28	6 37	9 28
24	T	*St. Bartholomew*	♎	5 16	6 48	9 47	2	5 18	6 46	9 49	5 29	6 35	10 0
25	F	Wash., D. C., set afire, 1814	♎	5 17	6 47	10 17	2	5 19	6 44	10 20	5 29	6 34	10 35
26	S	Texas ratifies repeal, 1933	♏	5 18	6 45	10 51	2	5 20	6 43	10 55	5 30	6 33	11 13
		35. 12th Sunday after Trinity		**Day's Length—13h. 24m.—13h. 20m.—13h. 1m.**									
27	S	Fort Frontenac battle, 1758	♏	5 19	6 43	11 31	1	5 21	6 41	11 36	5 31	6 32	11 56
28	M	First oil well, Titusville, Pa., 1859	♏	5 20	6 42	morn	1	5 22	6 40	morn	5 31	6 31	morn
29	T	Washington ratify repeal, 1933	♐	5 21	6 40	0 19	1	5 23	6 38	0 24	5 32	6 29	0 46
30	W	Battle of Richmond, Ky., 1862	♐	5 22	6 39	1 17	0	5 24	6 37	1 22	5 33	6 28	1 44
31	T	Stamp. Envl. auth. by Cong., 1852	♑	5 23	6 37	2 23	0	5 25	6 35	2 28	5 33	6 27	2 49

Weather Predictions—1-3, clear and hot; 4-8, rainy; 9-12, generally clear and hot; 13-15, clear and pleasant, 16-19, clear; 20-23, changeable; 24-26, warm; 27-31, showers.

HELPFUL HOUSEHOLD HINTS

Dusting: In dusting, one wishes to remove all possible surface dust. This is best done by using an oiled dusting cloth. Furniture and woodwork should be thoroughly cleaned and polished occasionally. Lucky Heart Magic Brite Furniture Polish is an ideal furniture polish. After furniture polish is applied, wipe surplus off with a clean, dry cloth and rub well. Wash your dusting cloth often.

Sweeping: Vacuum cleaners and other automatic carpet sweepers are rapidly taking the drudgery out of house work. If a broom is used, the room to be swept should first be strewn with bits of wet paper or sweeping compound. This allays the dust. Sweeping should be done with short, swift strokes. Sweep from the outside of a room toward the center, or along the nap of the carpet.



ITCH?

Don't Scratch

AND CLAW YOURSELF TO PIECES

GET QUICK RELIEF FROM ITCHING

ERBRU OINTMENT

Don't tear at your skin and lose your sleep. Use this soothing dressing to aid in relieving itching, burning of skin caused by scabies (itch), or chronic eczema. Scratching may cause infection from serious results.

PRICE 25 CENTS



CHIPPO LAXATIVE

HERB TEA

Pure Vegetable Laxative

ROOTS, BERRIES, LEAVES and SEEDS

Senna and Buchu Leaves, Juniper Berries, Fennel and Anise Seeds, Licorice Roots, Alfalfa and Rhubarb.

Relieves Biliousness, Sour Stomach, Coated Tongue, Loss of Appetite, due to Constipation. Stimulates gentle, easy movement to help clean bowels of waste matter.

CAUTION: Use only as directed.



COSTS LITTLE—DOES A LOT!

CONTAGIOUS DISEASES

Chicken Pox — Incubation period: Two to three weeks.

Symptoms: Chills, pains in legs and back, vomiting. Eruptions appear within a day of first symptoms on chest, back or face. The rash over the red spots fills with fluid and blisters. These dry by the fourth day and a dark brown crust and scab fall off.

Measles — Most highly contagious disease known to man. Communicable from first symptoms until catarrhal symptoms disappear. Incubation period: 7 to 14 days.

Symptoms: Face flushed, eyes red, croupy cough, sore throat, swollen tonsils. Groups of pimples appear about the fourth day and fever goes down. Begins to fade by sixth day and peeling begins.

Mumps — Incubation period: 2 to 3 weeks.

Symptoms: Fever, pain and swelling on one side of face or both sides. Difficult swallowing. Neck and tissues under lower jaw swell out. This lasts a week or ten days and then the disease is gone.

Whooping Cough — Incubation period: 14 days.

Symptoms: Nose runs, hoarseness and loose cough for a week or two. Then whooping begins. Vomiting may follow coughing spells. This stage lasts a month. Cough holds on for several more weeks. Broken rest and loss of food cause loss of weight and rundown condition.

DON'T DELAY when you have any contagious disease. Call your doctor immediately.

1944 September 1944

PHASES	BOSTON	NEW YORK	WASH'TON
	D H M	H M	H M
F. M.	2 3 21 A	3 21 A	3 21 A
L. Q.	9 7 3 M	7 3 M	7 3 M
N. M.	17 7 37 M	7 37 M	7 37 M
F. Q.	25 7 7 M	7 7 M	7 7 M

D M	D W	Historical Events	MOON'S SIGNS	LATITUDE OF NORTHERN STATES Sun rises H M	Sun sets H M	Moon sets H M	SUN FAST M	LATITUDE OF MIDDLE STATES Sun rises H M	Sun sets H M	Moon sets H M	LATITUDE OF SOUTHERN STATES Sun rises H M	Sun sets H M	Moon sets H M
1	F	Germany invaded Poland. 1939	♑	5 24	6 35	3 34	0	5 26	6 33	3 38	5 34	6 26	3 56
2	S	U.S. Treasury Dept. org., 1789	♒	5 25	6 33	rises	0	5 27	6 32	rises	5 35	6 24	rises
		36. 13th Sunday after Trinity		**Day's Length—13h. 6m.—13h. 2m.—12h. 48m.**									
3	S	Treaty of peace with Eng., 1783	♒	5 26	6 32	7 26	1	5 28	6 30	7 25	5 35	6 23	7 22
4	M	*Labor Day*	♓	5 27	6 30	7 58	1	5 29	6 28	7 58	5 36	6 22	8 0
5	T	Cholera in London, 1854	♓	5 28	6 28	8 30	1	5 30	6 27	8 31	5 36	6 20	8 38
6	W	McKinley shot, 1901	♈	5 29	6 27	9 4	2	5 31	6 25	9 6	5 37	6 19	9 18
7	T	Settlement at Boston, 1630	♈	5 30	6 25	9 40	2	5 32	6 24	9 43	5 38	6 18	10 0
8	F	First public school in U.S., 1621	♉	5 32	6 23	10 19	2	5 33	6 22	10 23	5 38	6 16	10 43
9	S	California became a state, 1850	♉	5 33	6 22	11 2	3	5 34	6 20	11 7	5 39	6 15	11 28
		37. 14th Sunday after Trinity		**Day's Length—12h. 46m.—12h. 43m.—12h. 35m.**									
10	S	Perry's Lake Erie victory, 1813	♊	5 34	6 20	11 50	3	5 35	6 18	11 55	5 39	6 14	morn
11	M	Brandywine battle, 1777	♊	5 35	6 18	morn	3	5 36	6 17	morn	5 40	6 12	0 18
12	T	Americans take St. Mihiel, 1918	♊	5 36	6 16	0 43	4	5 37	6 15	0 48	5 41	6 11	1 10
13	W	Gen. John J. Pershing b., 1860	♋	5 37	6 14	1 39	4	5 38	6 14	1 44	5 42	6 10	2 4
14	T	Pres. McKinley died, 1901	♋	5 38	6 13	2 37	5	5 39	6 12	2 41	5 42	6 8	2 59
15	F	Pres. Wm. H. Taft born, 1857	♋	5 39	6 11	3 36	5	5 40	6 10	3 39	5 43	6 7	3 54
16	S	Alfred Noyes born, 1880	♌	5 40	6 9	4 35	5	5 41	6 9	4 37	5 44	6 6	4 49
		38. 15th Sunday after Trinity		**Day's Length—12h. 26m.—12h. 25m.—12h. 20m.**									
17	S	Cong. sign U.S. Constitution, 1787	♌	5 41	6 7	sets	6	5 42	6 7	sets	5 44	6 4	sets
18	M	Quebec surrendered, 1759	♍	5 42	6 6	6 59	6	5 43	6 5	6 59	5 45	6	0
19	T	Wm. B. Astor born, 1792	♍	5 43	6 4	7 24	6	5 44	6 4	7 25	5 46	6	30
20	W	*Ember day*	♎	5 44	6 2	7 50	7	5 45	6 2	7 52	5 46	6 0	1
21	T	*St. Matthew*	♎	5 45	6 0	8 19	7	5 46	6 0	8 22	5 47	5 59	8 35
22	F	*Ember day* *Autumn begins*	♎	5 46	5 59	8 51	7	5 47	5 59	8 55	5 48	5 58	9 12
23	S	*Ember day*	♏	5 47	5 57	9 28	8	5 48	5 57	9 32	5 48	5 56	9 52
		39. 16th Sunday after Trinity		**Day's Length—12h. 6m.—12h. 6m.—12h. 6m.**									
24	S	Pres. Zach. Taylor born, 1784	♏	5 49	5 55	10 11	8	5 49	5 55	10 16	5 49	5 55	10 38
25	M	Siege of Paris began, 1870	♐	5 50	5 53	11 2	8	5 50	5 54	11 7	5 49	5 54	11 30
26	T	Balboa discovered Pacific, 1513	♐	5 51	5 52	morn	9	5 51	5 52	morn	5 50	5 52	morn
27	W	First R.R. in World, Eng., 1825	♑	5 52	5 50	0 2	9	5 52	5 50	0 7	5 51	5 51	0 29
28	T	Spanish revolution, 1823	♑	5 53	5 48	1 10	9	5 53	5 48	1 14	5 51	5 50	1 34
29	F	*Michaelmas Day*	♒	5 54	5 46	2 23	10	5 54	5 47	2 26	5 52	5 48	2 43
30	S	Richard B. Sheridan born, 1751	♒	5 55	5 45	3 39	10	5 55	5 45	3 41	5 53	5 47	3 53

Weather Predictions—1-3, little rain; 4-6, cool, pleasant; 7-10, rain, clearing warm; 11-14, cloudy and threatening; 15-18, cool; 19-22, continued cool; 23-26, storms; 27-30, frosty.

Women!

Avoid Offending Others

USE

SAN-I-GENE

Sanitary Astringent Douche Powder

Don't leave yourself open to the cruelest remark that a person can make about a woman! Keep sweet, fresh and dainty. This is a sanitary douche powder for women and girls. SAN-I-GENE offsets offensive odors from female organs.

USE DAILY TO KEEP FRESH

It insures cleanliness to keep you dainty.

PRICE 50 CENTS

CLEANS . . SOOTHES REFRESHES



LADIES! NO HOME SHOULD BE WITHOUT ONE!

3 IN ONE COMBINATION

1. DOUCHE BAG
2. HOT WATER BOTTLE
3. ENEMA BAG



Has all the necessary parts for giving enemas and douches. Can be turned into a hot water bottle in less than a minute. Made of fine quality rubber for long hard use. Ideal for use with San-i-Gene Douche Powder.

PRICE $1.39

1944



1944

☾PHASES	BOSTON	NEW YORK	WASH'TON
F. M.	1 11 22 A	11 22 A	11 22 A
L. Q.	8 8 12 A	8 12 A	8 12 A
N. M.	17 0 35 M	0 35 M	0 35 M
F. Q.	24 5 48 A	5 48 A	5 48 A
F. M.	31 8 35 M	8 35 M	8 35 M

MOON'S SIGNS

SUN FAST

D M	D W	Historical Events	LATITUDE OF NORTHERN STATES Sun rises H M	Sun sets H M	Moon sets H M	LATITUDE OF MIDDLE STATES Sun rises H M	Sun sets H M	Moon sets H M	LATITUDE OF SOUTHERN STATES Sun rises H M	Sun sets H M	Moon sets H M
40.		**17th Sunday after Trinity**	**Day's Length—11h. 47m.—11h. 47m.—11h. 52m.**								
1	S	2c post. between U.S.-Eng, 1908	5 56	5 43	4 56	5 56	5 43	4 57	5 54	5 46	5 3
2	M	End of Jewish Kingdom, 1178	5 57	5 41	rises	5 57	5 42	rises	5 54	5 44	rises
3	T	Battle of Corinth, Miss., 1862	5 58	5 39	6 59	5 58	5 40	7 1	5 55	5 43	7 10
4	W	Pres. R. B. Hayes born, 1822	6 0	5 38	7 34	5 59	5 38	7 37	5 56	5 42	7 51
5	T	Pres. C. A. Arthur born, 1830	6 1	5 36	8 13	6 0	5 37	8 17	5 56	5 40	8 35
6	F	Germans ask for Armistice, 1918	6 2	5 34	8 56	6 1	5 35	9 1	5 57	5 39	9 22
7	S	Colonists defeat Burgoyne, 1777	6 3	5 33	9 44	6 2	5 33	9 49	5 58	5 38	10 12
41.		**18th Sunday after Trinity**	**Day's Length—11h. 27m.—11h. 29m.—11h. 38m.**								
8	S	Great Chicago Fire, 1871	6 4	5 31	10 35	6 3	5 32	10 40	5 58	5 36	11 3
9	M	Germans take Antwerp, 1914	6 5	5 29	11 31	6 4	5 30	11 36	5 59	5 35	11 57
10	T	Gamboa dike destroyed, 1913	6 6	5 27	morn	6 5	5 29	morn	6 0	5 34	morn
11	W	D. of A. R. organized, 1890	6 8	5 26	0 30	6 6	5 27	0 34	6 1	5 33	0 54
12	T	Columbus discovered Amer.,1492	6 9	5 24	1 29	6 7	5 26	1 32	6 1	5 32	1 49
13	F	Molly Pitcher, heroine, b., 1744	6 10	5 23	2 28	6 8	5 24	2 31	6 2	5 30	2 43
14	S	Hastings battle, 1066	6 11	5 21	3 27	6 9	5 22	3 29	6 3	5 29	3 37
42.		**19th Sunday after Trinity**	**Day's Length—11h. 7m.—11h. 11m.—11h. 24m.**								
15	S	Gregorian calendar intro., 1582	6 12	5 19	4 26	6 10	5 21	4 27	6 4	5 28	4 31
16	M	Fire in Washington, D.C., 1920	6 14	5 18	5 24	6 11	5 19	5 24	6 4	5 27	5 24
17	T	Alaska boundary award., 1903	6 15	5 16	sets	6 13	5 18	sets	6 5	5 26	sets
18	W	*St. Luke, Evangelist*	6 16	5 15	6 21	6 14	5 16	6 24	6 6	5 24	6 36
19	T	Yorktown battle, 1781	6 17	5 13	6 52	6 15	5 15	6 55	6 7	5 23	7 12
20	F	U.S. treaty with Spain, 1795	6 18	5 11	7 27	6 16	5 13	7 31	6 7	5 22	7 51
21	S	San Francisco Earthquake, 1868	6 19	5 10	8 8	6 17	5 12	8 13	6 8	5 21	8 35
43.		**20th Sunday after Trinity**	**Day's Length—10h. 48m.—10h. 53m.—11h. 11m.**								
22	S	Sarah Bernhardt born, 1844	6 20	5 8	8 56	6 18	5 11	9 1	6 9	5 20	9 24
23	M	Statue of Liberty dedicated, 1886	6 22	5 7	9 52	6 19	5 9	9 57	6 10	5 19	10 20
24	T	Quake breaks Alaska cables,1927	6 23	5 5	10 55	6 20	5 8	11 0	6 10	5 18	11 21
25	W	Charge of Light Brigade, 1854	6 24	5 4	morn	6 21	5 6	morn	6 11	5 17	morn
26	T	Erie Canal opened, 1825	6 25	5 3	0 3	6 23	5 5	0 7	6 12	5 16	0 25
27	F	Theodore Roosevelt born, 1858	6 26	5 1	1 15	6 24	5 4	1 18	6 13	5 15	1 32
28	S	*St. Simon and St. Jude*	6 28	5 0	2 30	6 25	5 2	2 32	6 14	5 14	2 41
44.		**21st Sunday after Trinity**	**Day's Length—10h. 29m.—10h. 35m.—10h. 58m.**								
29	S	Sir Walter Raleigh behead., 1618	6 29	4 58	3 46	6 26	5 1	3 47	6 15	5 13	3 50
30	M	Pres. John Adams born, 1735	6 30	4 57	5 2	6 27	5 0	5 1	6 16	5 12	4 59
31	T	*Hallowe'en*	6 31	4 56	6 18	6 28	4 59	6 16	6 16	5 11	6 9

Weather Predictions—1-3, cool and pleasant; 4-7, frosty and cool; 8-11, variable; 12-15, clear and cool; 16-19, cold; 20-23, rain, clearing cool; 24-27, clear and cold. 28-21, cloudy.

WHAT EVERY WOMAN SHOULD KNOW

If drawers of your dresser, or any old drawers for that matter, stick, pull them out and rub the edges with hard soap or wax and they will work like a charm.

When rag rugs are washed they should be rinsed thoroughly because soap left in them makes them catch dirt more easily.

To prevent fat from spluttering when meat is fried, sprinkle a little salt in the pan before putting in the grease.

Storm windows which do not fit snugly in their frames can be sealed to keep out cold air by placing strips of adhesive tape around the inside surfaces of the window edge.

To run rods through freshly laundered curtains, wrap tissue paper around the end of the rod and fasten with a rubber band.

To remove chocolate stains from table linen, sprinkle the spot with borax and then pour boiling water through the cloth.

When covering an ironing board, tack the cover on while damp. After it dries out it will stretch tightly, making a smoother surface.

A light scorched stain on white silk garment can be removed satisfactorily by covering for an hour or so with baking soda mixed to a paste with cold water. Brush off powder when thoroughly dry.

At certain time of the month women should avoid hard work.



TO EASE HEADACHE MISERY, COLD DISCOMFORTS AND MINOR DISCOMFORTS OF PAINFUL PERIODS

ERBRU GUARANTEED ASPIRIN

Guaranteed pure. Quick dissolving. An effective aid to the relief of muscular aches and pains due to common colds, exposure or over-exertion, simple headaches, simple neuralgia, toothache, and minor menstrual (period) pain.

PRICE: 36 TABLETS 25 CENTS



MOTHERS RECOMMEND IT TO THEIR DAUGHTERS



Kandu

KANDU, a pleasant, soothing vegetable compound that has been a favorite for years. Increases appetite — expels gas — soothing and quieting to the system. Must please and satisfy you or your agent will refund your money.

PRICE 50 CENTS — LARGEST SIZE $1.00

THOUSANDS OF BOTTLES SOLD

THIS FAVORITE OLD COMPOUND

Contains such well known ingredients as Cramp Bark, Wild Yam and Cinnamon China.

TASTES GOOD — GOOD TO TAKE

EASY WAYS TO OVE STAINS FROM SHABLE FABRICS

OOD: Soak in cold r and then launder.

UIT: Pour boiling r through stains.

UM: Scrape off as h as possible, rub kerosene.

DINE: Launder in hot suds.

ON RUST: Apply a tion of oxalic acid ry few minutes. se very thoroughly.

AINT: Soak in kero- e or turpentine, rub as much paint as ssible and launder.

FREE OROSCOPE

According to Astrolo- ers the signs of the diac under which one born foretell the vents of a person's life. ou can get a free read- ng for your birth month y sending us 1 EMPTY CARTON from a bottle f TIGER HEAD LINI- MENT during the month of August, 1944. Enclose your name and address and your birthdate and send to:

LUCKY HEART CO.
Dept. A 44
Memphis 2, Tenn.

1944

November

1944

PHASES	BOSTON	NEWYORK	WASH'TON
	D H M	H M	H M
L. Q.	7 1 28 A	1 28 A	1 28 A
N. M.	15 5 29 A	5 29 A	5 29 A
F. Q.	23 2 53 M	2 53 M	2 53 M
F. M.	29 7 52 A	7 52 A	7 52 A

D M	D W	Historical Events	MOON'S SIGNS	LATITUDE OF NORTHERN STATES Sun rises H M	Sun sets H M	Moon rises H M	SUN FAST M	LATITUDE OF MIDDLE STATES Sun rises H M	Sun sets H M	Moon rises H M	LATITUDE OF SOUTHERN STATES Sun rises H M	Sun sets H M	Moon rises H M
1	W	*All Saints' day*	♈	6 33	4 54	6 4	16	6 30	4 57	6 7	6 17	5 10	6 24
2	T	James K. Polk born, 1795	♉	6 34	4 53	6 46	16	6 31	4 56	6 50	6 18	5 9	7 10
3	F	Drake circled the world, 1580	♉	6 35	4 52	7 33	16	6 32	4 55	7 38	6 19	5 8	8 0
4	S	Gatling gun patented, 1862	♊	6 36	4 51	8 25	16	6 33	4 54	8 30	6 20	5 7	8 53
45.		**22nd Sunday after Trinity**		**Day's Length—10h 11m.—10h. 19m.—10h. 45m.**									
5	S	Gunpowder plot, 1605	♊	6 38	4 49	9 21	16	6 34	4 53	9 26	6 21	5 6	9 48
6	M	Hoover elected President, 1928	♋	6 39	4 48	10 19	16	6 36	4 52	10 24	6 22	5 6	10 44
7	T	Tippecanoe battle, 1811	♋	6 40	4 47	11 19	16	6 37	4 50	11 23	6 23	5 5	11 41
8	W	Teddy Roosevelt elected, 1904	♋	6 41	4 46	morn	16	6 38	4 49	morn	6 24	5 4	morn
9	T	1st settlement in Conn., 1635	♌	6 43	4 45	0 19	16	6 39	4 48	0 22	6 24	5 3	0 36
10	F	Receiver for House of David, 1927	♌	6 44	4 44	1 18	16	6 41	4 47	1 20	6 25	5 2	1 30
11	S	*Armistice day*	♍	6 45	4 43	2 17	16	6 42	4 46	2 18	6 26	5 2	2 24
46.		**23rd Sunday after Trinity**		**Day's Length—9h. 56m.—10h. 2m.—10h. 34m.**									
12	S	King Tut coffin opened, 1925	♍	6 46	4 42	3 15	16	6 43	4 45	3 15	6 27	5 1	3 17
13	M	R.R. Stand. Time in effect, 1883	♎	6 48	4 41	4 13	16	6 44	4 44	4 12	6 28	5 0	4 10
14	T	Robert Fulton born, 1765	♎	6 49	4 40	5 14	15	6 45	4 44	5 12	6 29	5 0	5 6
15	W	Pike's Peak discovered, 1806	♏	6 50	4 39	sets	15	6 46	4 43	sets	6 30	4 59	sets
16	T	Oklahoma a state, 1907	♏	6 52	4 38	5 26	15	6 47	4 42	5 30	6 31	4 59	5 48
17	F	Tornado at Washington, 1927	♐	6 53	4 37	6 6	15	6 49	4 41	6 11	6 32	4 58	6 32
18	S	Fish Dam Ford battle, 1780	♐	6 54	4 36	6 53	15	6 50	4 40	6 58	6 33	4 58	7 21
47.		**24th Sunday after Trinity**		**Day's Length—9h. 40m.—9h. 49m.—10h. 23m.**									
19	S	Pres. J. A. Garfield born, 1831	♐	6 55	4 35	7 47	14	6 51	4 40	7 52	6 34	4 57	8 15
20	M	Count Leo Tolstoi died, 1910	♑	6 56	4 35	8 47	14	6 52	4 39	8 52	6 34	4 57	9 14
21	T	First permanent theatre, 1766	♑	6 58	4 34	9 52	14	6 54	4 38	9 56	6 35	4 56	10 10
22	W	France an Empire, 1852	♑	6 59	4 33	11 2	14	6 55	4 38	11 5	6 36	4 56	11 21
23	T	Clemenceau died in Paris, 1929	♒	7 0	4 33	morn	13	6 56	4 37	morn	6 37	4 56	morn
24	F	Tasmania discovered, 1642	♒	7 1	4 32	0 15	13	6 57	4 37	0 17	6 38	4 56	0 28
25	S	Fort Du Quesne taken, 1758	♓	7 2	4 32	1 28	13	6 58	4 36	1 29	6 39	4 55	1 34
48.		**25th Sunday after Trinity**		**Day's Length—9h. 27m.—9h. 37m.—10h. 15m.**									
26	S	Wm. Cowper born. 1731	♓	7 4	4 31	2 40	13	6 59	4 36	2 40	6 40	4 55	2 40
27	M	New York Subway opened, 1904	♈	7 5	4 31	3 53	12	7 0	4 36	3 52	6 41	4 55	3 47
28	T	First Amer. P.O. in N.Y., 1783	♈	7 6	4 30	5 7	12	7 1	4 35	5 4	6 42	4 54	4 55
29	W	British capt. Savannah, Ga., 1778	♉	7 7	4 30	rises	12	7 2	4 35	rises	6 42	4 54	rises
30	T	Mark Twain b., 1835 *St. Andrew*	♉	7 8	4 29	5 18	11	7 3	4 34	5 23	6 43	4 54	5 44

Weather Predictions—1-3, rain and cold; 4-8, clear and cold; 9-12, cool; 13-15, cold; 16-19, mild and blustery; 20-23, snow and cold; 24-26, pleasant conditions; 27-30, pleasant.

LUCKY HEART EVERY DAY NEEDS

	Price
Tooth Paste	$0.25
Tooth Powder	.25
Liquid Dentifrice	.25
Tooth Brush	.25
Mouth Wash	.25

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Shaving Cream	$0.30
Shaving Brush	.50
Razor Blades	.10
(Double or single edge)	
Shaving Soap	.10
After Shaving Lotion	.25

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CROSS? - LAZY? - HEADACHY?

DO THIS TONIGHT—YOU'LL FEEL BETTER TOMORROW

If this is your trouble take ERBRU Laxative Pills as directed and note how much better you feel tomorrow. No griping — no straining. Pleasant and effective.

CAUTION: Use only as directed.

Feeling "sick", sluggish — all bound up? Don't feel down and out because of constipation.



PRICE 25 CENTS

1944



1944

PHASES	BOSTON	NEW YORK	WASH'TON
	D H M	H M	H M
L. Q.	7 9 57 M	9 57 M	9 57 M
N. M.	15 9 34 M	9 34 M	9 34 M
F. Q.	22 10 54 M	10 54 M	10 54 M
F. M.	29 9 38 M	9 38 M	9 38 M

D M	D W	Historical Events	MOON'S SIGNS	LATITUDE OF NORTHERN STATES: Sun rises H M	Sun sets H M	Moon rises H M	SUN FAST M	LATITUDE OF MIDDLE STATES: Sun rises H M	Sun sets H M	Moon rises H M	LATITUDE OF SOUTHERN STATES: Sun rises H M	Sun sets H M	Moon rises H M
1	F	1st use of gas for light, 1816	♋	7 9	4 29	6 10	11	7 4	4 34	6 15	6 44	4 54	6 38
2	S	Monroe doctrine estab., 1823	♋	7 10	4 29	7 5	10	7 5	4 34	7 10	6 45	4 54	7 33
49.		**1st Sunday In Advent**		**Day's Length—9h. 17m.—9h. 27m.—10h. 8m.**									
3	S	Mary Baker Eddy died, 1910	♋	7 11	4 28	8 3	10	7 6	4 33	8 8	6 46	4 54	8 30
4	M	Wm. H. Harrison nomin., 1839	♌	7 12	4 28	9 4	10	7 7	4 33	9 8	6 46	4 54	9 28
5	T	Repeal 18th Amendment, 1933	♌	7 13	4 28	10 6	9	7 8	4 33	10 9	6 47	4 54	10 26
6	W	*St. Nicholas*	♌	7 14	4 28	11 6	9	7 9	4 33	11 9	6 48	4 54	11 21
7	T	Delaware rat. U.S. consti., 1787	♌	7 15	4 28	morn	8	7 10	4 33	morn	6 49	4 54	morn
8	F	Ely Whitney, inventor, b., 1765	♌	7 16	4 28	0 5	8	7 11	4 33	0 7	6 50	4 54	0 14
9	S	Riots in Colombia, 1929	♍	7 17	4 28	1 3	7	7 12	4 33	1 4	6 51	4 54	1 7
50.		**2nd Sunday In Advent**		**Day's Length—9h. 10m.—9h. 20m.—10h. 3m.**									
10	S	Miss. admitted to Union, 1817	♍	7 18	4 28	2 2	7	7 13	4 33	2 2	6 51	4 54	2 1
11	M	Indiana admitted to Union, 1816	♎	7 19	4 28	3 2	7	7 14	4 33	3 1	6 52	4 54	2 56
12	T	Arthur Brisbane born, 1864	♎	7 20	4 28	4 3	6	7 15	4 33	4 1	6 53	4 55	3 52
13	W	Lindy flies Wash. to Mex., 1927	♎	7 20	4 28	5 5	6	7 15	4 33	5 2	6 54	4 55	4 49
14	T	Jane Cowl, actress, born, 1884	♏	7 21	4 28	6 8	5	7 16	4 33	6 4	6 54	4 55	5 47
15	F	Rasputin died, 1916	♏	7 22	4 29	sets	5	7 17	4 34	sets	6 55	4 55	sets
16	S	Great fire of New York, 1835	♐	7 23	4 29	5 39	4	7 18	4 34	5 44	6 55	4 56	6 8
51.		**3rd Sunday In Advent**		**Day's Length—9h. 6m.—9h. 16m.—10h. 0m.**									
17	S	Beethoven, composer born, 1770	♐	7 23	4 29	6 39	4	7 18	4 34	6 44	6 56	4 56	7 7
18	M	Boston Tea Party, 1773	♑	7 24	4 29	7 44	3	7 19	4 35	7 49	6 57	4 57	8 9
19	T	Wash. at Valley Forge, 1777	♑	7 25	4 29	8 53	3	7 20	4 35	8 57	6 57	4 57	9 14
20	W	*Ember day*	♑	7 25	4 30	10 5	2	7 20	4 35	10 8	6 58	4 58	10 20
21	T	*St. Thomas*	♒	7 26	4 31	11 17	2	7 21	4 36	11 18	6 58	4 58	11 25
22	F	*Ember day*	♒	7 26	4 31	morn	1	7 21	4 36	morn	6 59	4 59	morn
23	S	*Ember day*	♓	7 27	4 32	0 28	1	7 21	4 37	0 28	6 59	4 59	0 30
52.		**4th Sunday In Advent**		**Day's Length—9h. 5m.—9h. 16m.—10h. 0m.**									
24	S	Treaty of Ghent, 1814	♈	7 27	4 32	1 40	0	7 22	4 38	1 39	7 0	5 0	1 36
25	M	*Christmas day*	♈	7 28	4 33	2 52	S.	7 22	4 38	2 50	7 0	5 0	2 42
26	T	*St. Stephen*	♈	7 28	4 33	4 3	1	7 23	4 39	4 0	7 1	5 1	3 47
27	W	*St. John, Evangelist*	♉	7 28	4 34	5 13	1	7 23	4 39	5 9	7 1	5 1	4 52
28	T	*Innocents.* Wood. Wilson b. 1856	♉	7 29	4 35	6 21	2	7 23	4 40	6 16	7 1	5 2	5 56
29	F	Texas admitted to Union, 1845	♊	7 29	4 35	rises	2	7 24	4 41	rises	7 2	5 3	rises
30	S	Jesuits founded, 1535	♊	7 29	4 36	5 48	3	7 24	4 42	5 53	7 2	5 3	6 16
53.		**1st Sunday after Christmas**		**Day's Length—9h. 8m.—9h. 18m.—10h. 2m.**									
31	S	Stone River battle, 1862	♋	7 29	4 37	6 48	3	7 24	4 42	6 53	7 2	5 4	7 13

Weather Predictions—1-3, snow, clearing cold; 4-7 cloudy and stormy; 8-12, snow; 13-16, snow and cold; 17-21, clear and cold; 22-26, generally pleasant; 27-31, rain and cloudy.

CLEANING HELPS

Wipe porcelain sinks and tubs with kerosene to cut grease and remove stains.

Iron rust may be removed from white goods with sour milk.

Remove vegetable stains from hands by rubbing with slice of raw potato.

A slice of lemon placed in a boiler of clothes will make the clothes a beautiful white, besides taking all stains out of handkerchiefs and lighter garments.

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Sponging cane seated chairs with salt water tightens them up and prevents sagging.

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A fine big Bible for every member of the family. Large, attractive type. Easy to read. Thread sewn, attractively bound. Contains 760 pages with family register for Births, Deaths, Marriages, etc. A Bible you will be proud to own and happy to read down through the years.

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ERBRU Laxative COLD TABLETS

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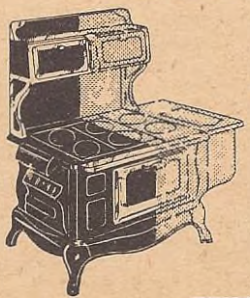


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Keeps shoes white, softens and preserves.

Price 25c

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ine old medicine es- ially prepared to re- e distressing symp- s of constipation. 't wait until you are sick to move and st stay in bed to help yourself.

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VEGETABLE
LAXATIVE



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A CARMINATIVE AND DIURETIC MADE OF HIGH STRENGTH

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and you can notice the difference tomorrow.

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Use locally with hot flannel cloth. For stuffed up nostrils, medication enters air passages to give soothing comfort and to reduce "stuffy head" suffering.

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IRON TONIC STIMULANT For That Tired, Worn Out Feeling

Due to Iron Deficiency

ERBRU IRON TONIC

For That Weary, Weak, Tired, Let Down Feeling Due to Lack of Sufficient Iron

It is well known how worry, confinement, pregnancy, overwork, undue strain, infection, sickness and improper diet cause simple anemia, with loss of appetite, leaving you feeling flat and out of sorts.

ERBRU

is recommended as an excellent

IRON TONIC STIMULANT

TO INCREASE THE HEMOGLOBIN OF THE

BLOOD

INCREASE APPETITE IN SIMPLE ANEMIA, SIMPLE ANEMIA OF PREGNANCY, CHLOROSIS

and other hypo-chromic anemia due to iron deficiency.

Erbru Iron Tonic brings you new strength and energy by aiding in restoring blood Hemoglobin (red coloring matter) to a higher state and its benefits store up and are enduring in the absence of organic troubles.

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Strength, energy, pep is replenished when lost body iron is replaced. A very important matter in feeling better.

Buy and use with confidence. Erbru will do its part in making

"YOU FEEL MORE LIKE YOURSELF AGAIN"

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